

**Results of all Finals and Heats**

Ordered by Item types

Performance Scores: ASA 2020 table, Electronic Time, Height above sea=1400

Place	Athlete,Birthdate	Team	Perf	Score	Points	Medal	Wind	Records
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Item 140 13:40:00 Final Results Girls U16 100m

1	VOGEL, LENIQUE, , 2009/04/14	WTK	12.43	884	8	G		
2	VENTER, MEGAN, , 2009/07/13	WTK	13.01	803	7	S		
3	DELL, KIARAH, , 2010/03/17	ZWK	13.74	718	6	B		
4	BUTLER, ZUANIQUE, , 2010/05/21	MKP1	13.87	705	5			
5	SWARTZ, TYLER, , 2009/08/25	MSC	13.93	698	4			
6	NLATLENG, REABETSWE, , 2009/10/12	ROSINA	14.46	647	3			
7	STADLER, AMOREY, , / /	BRITS	14.55	639	2			
8	VAN WYK, VERONIQUE, , 2010/01/12	OMAK	14.80	616	1			

Item 140 13:40:00 Final 1 of 2 Girls U16 100m**-2.3**

1	VENTER, MEGAN, , 2009/07/13	WTK	13.01	803				
2	DELL, KIARAH, , 2010/03/17	ZWK	13.74	718				
3	BUTLER, ZUANIQUE, , 2010/05/21	MKP1	13.87	705				
4	SWARTZ, TYLER, , 2009/08/25	MSC	13.93	698				
5	NLATLENG, REABETSWE, , 2009/10/12	ROSINA	14.46	647				
6	STADLER, AMOREY, , / /	BRITS	14.55	639				

Item 140 13:40:00 Final 2 of 2 Girls U16 100m**-1.3**

1	VOGEL, LENIQUE, , 2009/04/14	WTK	12.43	884				
2	VAN WYK, VERONIQUE, , 2010/01/12	OMAK	14.80	616				

Item 139 13:35:00 Final Results Boys U16 100m

1	STRACHAN, JESSE, , 2009/06/19	PBHS	12.12	655	8	G		
2	NELUHENI, BONO, , 2009/01/19	STA	12.24	638	7	S		
3	NGOBENI, DAHRON, , 2009/02/10	NED	12.28	633	6	B		
4	LOUWRENS, RUBEN, , 2009/01/17	WTK	12.43	613	5			
5	VAN LOGGERENBERG, DARIUS, , 2008/04/29	JS	12.58	592	3.5			
5	MAKHUDU, TSHIAMO, , 2010/09/09	AGNIND	12.58	592	3.5			
7	RAMAOKA, PHATSIMO, , 2009/07/26	STA	13.76	458	2			
8	BOSHOFF, JACOBUS CONRADIE (CONRAD), , 2010/07/14	DIRK	14.95	348	1			

Item 139 13:35:00 Final 1 of 2 Boys U16 100m**-2.3**

1	STRACHAN, JESSE, , 2009/06/19	PBHS	12.12	655				
2	NELUHENI, BONO, , 2009/01/19	STA	12.24	638				
3	NGOBENI, DAHRON, , 2009/02/10	NED	12.28	633				
4	VAN LOGGERENBERG, DARIUS, , 2008/04/29	JS	12.58	592				

Item 139 13:35:00 Final 2 of 2 Boys U16 100m**-0.7**

1	LOUWRENS, RUBEN, , 2009/01/17	WTK	12.43	613				
2	MAKHUDU, TSHIAMO, , 2010/09/09	AGNIND	12.58	592				
3	RAMAOKA, PHATSIMO, , 2009/07/26	STA	13.76	458				
4	BOSHOFF, JACOBUS CONRADIE (CONRAD), , 2010/07/14	DIRK	14.95	348				

Item 138 13:30:00 Final Results Women U18 100m

1	VAN WYK, MIA, , 2007/04/08	WTK	12.79	808	8	G		
2	WETHMAR, SUMARI, , / /	GRF	13.77	694	7	S		
3	CRAFFORD, DIHANE, , 2007/04/21	ZWK	13.97	674	6	B		
4	FUMO, MELANIE PAULA, , 2007/10/23	DESPOR	14.05	666	5			



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5	MANAMELA, TSHIAMO, , 2008/01/04	DAN 14.60	615	4
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Item 138 13:30:00 Final 1 of 2 Women U18 100m -1.7

1	WETHMAR, SUMARI, , / /	GRF 13.77	694	
2	CRAFFORD, DIHANE, , 2007/04/21	ZWK 13.97	674	
3	FUMO, MELANIE PAULA, , 2007/10/23	DESPOR 14.05	666	
4	MANAMELA, TSHIAMO, , 2008/01/04	DAN 14.60	615	

Item 138 13:30:00 Final 2 of 2 Women U18 100m -0.9

1	VAN WYK, MIA, , 2007/04/08	WTK 12.79	808	
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Item 137 13:25:00 Final Results Men U18 100m

1	MBONYEKE, TAKUDZWA, , 2007/12/03	ELITE 11.35	742	8	G
2	CARVALHO, RUANO BOCK PAYHAMA DE, , 2007/02/11	PETRO 11.41	731	7	S
3	COETZEE, DIRK, , 2007/02/01	MON 11.46	723	6	B
4	MINNAAR, ETHAN, , 2008/01/26	TUKS 11.68	688	5	
5	PRINGLE, MICHAEL, , 2007/11/15	MKP1 11.70	685	4	
6	MARUMA, LEEMA, , 2007/06/21	PBHS 11.73	680	3	
7	SKOSANA, SIBUSISO SHAUN, , 2007/12/09	TUKS 11.74	678	2	
8	LETSOALO, TSHEPANG, , 2007/07/05	FPN 11.76	675	1	
9	TOLLIG, DUARDT, , 2007/07/11	GRF 11.78	672	0	
10	MATHISO, SIMPHIWE, , 2008/02/29	ROSINA 11.82	667	0	
11	KAPU, TUMELO, , 2008/05/15	PBHS 11.89	656	0	
12	DIPPENAAR, FRANCO, , 2007/03/05	JS 11.96	645	0	
13	KALEBAILA, MULENGA, , 2007/02/23	TUKS 11.98	642	0	
14	STRACHAN, DANIEL, , 2008/04/21	PBHS 12.10	626	0	
15	KOTLOLO, LETHABO, , 2007/10/15	AGNIND 12.24	607	0	
16	VAN DEN BERG, JEAN, , 2008/11/24	WTK 12.30	598	0	
17	COLLINS, SAMEACH, , 2007/12/12	GRF 12.32	596	0	
18	CHAUKE, REBONIGO, , / /	STA 12.52	571	0	
19	JOALA, KALI, , 2009/01/19	STA 12.82	534	0	
20	LOBE, KENNETH, , 2007/06/08	STA 12.83	533	0	

Item 137 13:25:00 Final 1 of 4 Men U18 100m -0.5

1	LETSOALO, TSHEPANG, , 2007/07/05	FPN 11.76	675	
2	MATHISO, SIMPHIWE, , 2008/02/29	ROSINA 11.82	667	
3	DIPPENAAR, FRANCO, , 2007/03/05	JS 11.96	645	
4	LOBE, KENNETH, , 2007/06/08	STA 12.83	533	

Item 137 13:25:00 Final 2 of 4 Men U18 100m 1.1

1	MBONYEKE, TAKUDZWA, , 2007/12/03	ELITE 11.35	742	
2	MINNAAR, ETHAN, , 2008/01/26	TUKS 11.68	688	
3	KALEBAILA, MULENGA, , 2007/02/23	TUKS 11.98	642	
4	KOTLOLO, LETHABO, , 2007/10/15	AGNIND 12.24	607	
5	CHAUKE, REBONIGO, , / /	STA 12.52	571	

Item 137 13:25:00 Final 3 of 4 Men U18 100m -2.1

1	COETZEE, DIRK, , 2007/02/01	MON 11.46	723	
2	MARUMA, LEEMA, , 2007/06/21	PBHS 11.73	680	
3	SKOSANA, SIBUSISO SHAUN, , 2007/12/09	TUKS 11.74	678	
4	VAN DEN BERG, JEAN, , 2008/11/24	WTK 12.30	598	
5	COLLINS, SAMEACH, , 2007/12/12	GRF 12.32	596	
6	JOALA, KALI, , 2009/01/19	STA 12.82	534	

Item 137 13:25:00 Final 4 of 4 Men U18 100m -2.8

1	CARVALHO, RUANO BOCK PAYHAMA DE, , 2007/02/11	PETRO 11.41	731	
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2	PRINGLE, MICHAEL, , 2007/11/15	MKP1 11.70	685
3	TOLLIG, DUARDT, , 2007/07/11	GRF 11.78	672
4	KAPU, TUMELO, , 2008/05/15	PBHS 11.89	656
5	STRACHAN, DANIEL, , 2008/04/21	PBHS 12.10	626

Item 136 13:20:00 Final Results Women U20 100m

1	VAN ROOYEN, TALIA, , / /	AGNIND 12.39	837	8	G
2	WANSBURY, CHARNE, , 2005/03/11	BLOEM 12.59	810	7	S
3	DE BEER, MIA, , 2006/06/29	BRITS 12.63	805	6	B
4	MUNETSI, RUJEKO, , 2005/08/05	ELITE 12.77	786	5	
5	VAN DEN BERG, RIANé, , 2006/02/17	WTK 12.78	785	4	
6	SCHEEPERS, COLENE, , 2006/01/12	BOX 12.96	763	3	
7	DOKA, NATALEY NYASHA, , 2006/07/06	ELITE 12.98	761	2	
8	BOTHA, MICYLA, , / /	TUKS 13.48	704	1	
9	SCHOEMAN, CHANé, , 2005/07/19	ORYX 13.88	663	0	
10	MERRICKS, MEGAN, , 2005/08/08	PARYS 14.07	645	0	
11	NIKISI, TRISH VIMBAI, , 2005/04/24	ELITE 14.19	633	0	
12	SEALA, AOBAKWE, , 2006/11/12	TUKS 14.28	625	0	
13	LEKOBA, TUMISO, , 2006/02/06	BOTSW 14.30	623	0	
14	WETHMAR, ANEL, , / /	GRF 15.15	552	0	

Item 136 13:20:00 Final 1 of 3 Women U20 100m**-0.9**

1	VAN ROOYEN, TALIA, , / /	AGNIND 12.39	837
2	DE BEER, MIA, , 2006/06/29	BRITS 12.63	805
3	SCHEEPERS, COLENE, , 2006/01/12	BOX 12.96	763
4	NIKISI, TRISH VIMBAI, , 2005/04/24	ELITE 14.19	633
5	SEALA, AOBAKWE, , 2006/11/12	TUKS 14.28	625

Item 136 13:20:00 Final 2 of 3 Women U20 100m**-2.4**

1	WANSBURY, CHARNE, , 2005/03/11	BLOEM 12.59	810
2	BOTHA, MICYLA, , / /	TUKS 13.48	704
3	MERRICKS, MEGAN, , 2005/08/08	PARYS 14.07	645
4	LEKOBA, TUMISO, , 2006/02/06	BOTSW 14.30	623
5	WETHMAR, ANEL, , / /	GRF 15.15	552

Item 136 13:20:00 Final 3 of 3 Women U20 100m**-1.0**

1	MUNETSI, RUJEKO, , 2005/08/05	ELITE 12.77	786
2	VAN DEN BERG, RIANé, , 2006/02/17	WTK 12.78	785
3	DOKA, NATALEY NYASHA, , 2006/07/06	ELITE 12.98	761
4	SCHOEMAN, CHANé, , 2005/07/19	ORYX 13.88	663

Item 126 13:10:00 Final Results Men U20 100m

1	BEZUIDENHOUT, WERNER, , 2006/11/15	BOX 10.90	794	8	G
2	PIENAAR, FRANCO, , 2006/02/28	BRITS 11.22	735	6.5	S
2	MASINGA, PROSPER, , 2005/01/05	AGNIND 11.22	735	6.5	S
4	IGBO, MOSES, , 2006/12/27	BLOEM 11.24	731	5	
5	COERTZE, JAMIN, ,	WTK 11.35	713	4	
6	DE VILLIERS, LIAM, , 2005/09/12	MON 11.46	695	3	
7	NDUNA, TAFADZWA, , 2005/02/16	ELITE 11.52	686	2	
8	STEENKAMP, JOHN-JOSHUA, , 2005/11/30	STA 11.57	678	1	
9	KGAMPE, THATO, , 2005/07/26	TUKS 11.60	673	0	
10	BEYERS, REINHARDT, , 2006/01/10	ZWK 11.71	656	0	
11	VAN ASWEGEN, RIWAN, , 2006/04/11	WTK 11.73	653	0	
12	SAMAKANDE, KURARAMA ANSWER, , 2006/04/22	ELITE 11.86	634	0	
13	KHARIBE, WANDILE, , 2006/04/05	PBHS 11.88	631	0	
14	LETSOALO, MAROTHI KHUMO MAKGATHO, , 2005/05/05	STA 12.03	610	0	



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15	SEEMELA, MPHO, , 2006/08/11	PBHS 12.11	600	0
16	MAGAGANE, AMOKELANE, , 2004/09/18	TUKS 12.16	592	0
17	MLANGENI, THEMBA, , 2006/03/15	AGNIND 12.18	590	0
18	KHARIBE, ANDILE, , 2006/04/05	PBHS 12.26	580	0
19	BESSINGER, SCHALK, , 2006/08/16	WTK 12.42	560	0
20	PHASHA, NEO, , 2006/01/20	AGNIND 12.69	526	0

Item 126 13:10:00 Final 1 of 3 Men U20 100m 1.2

1	BEZUIDENHOUT, WERNER, , 2006/11/15	BOX 10.90	794	
2	STEENKAMP, JOHN-JOSHUA, , 2005/11/30	STA 11.57	678	
3	BEYERS, REINHARDT, , 2006/01/10	ZWK 11.71	656	
4	KHARIBE, WANDILE, , 2006/04/05	PBHS 11.88	631	
5	LETSOALO, MAROTHI KHUMO MAKGATHO, , 2005/05/05	STA 12.03	610	
6	KHARIBE, ANDILE, , 2006/04/05	PBHS 12.26	580	

Item 126 13:10:00 Final 2 of 3 Men U20 100m -1.5

1	MASINGA, PROSPER, , 2005/01/05	AGNIND 11.22	735	
2	IGBO, MOSES, , 2006/12/27	BLOEM 11.24	731	
3	DE VILLIERS, LIAM, , 2005/09/12	MON 11.46	695	
4	KGAMPE, THATO, , 2005/07/26	TUKS 11.60	673	
5	SAMAKANDE, KURARAMA ANSWER, , 2006/04/22	ELITE 11.86	634	
6	MLANGENI, THEMBA, , 2006/03/15	AGNIND 12.18	590	
7	PHASHA, NEO, , 2006/01/20	AGNIND 12.69	526	

Item 126 13:10:00 Final 3 of 3 Men U20 100m -0.7

1	PIENAAR, FRANCO, , 2006/02/28	BRITS 11.22	735	
2	COERTZE, JAMIN, ,	WTK 11.35	713	
3	NDUNA, TAFADZWA, , 2005/02/16	ELITE 11.52	686	
4	VAN ASWEGEN, RIWAN, , 2006/04/11	WTK 11.73	653	
5	SEEMELA, MPHO, , 2006/08/11	PBHS 12.11	600	
6	MAGAGANE, AMOKELANE, , 2004/09/18	TUKS 12.16	592	
7	BESSINGER, SCHALK, , 2006/08/16	WTK 12.42	560	

Item 135 13:15:00 Final Results Women Senior 100m

1	VAN STADEN (23), JADA, , 2003/04/20	TUKS 12.14	0	8	G
2	BUDZANI, NANCY, , 1996/03/26	BOTSW 12.19	0	7	S
3	VOSLOO, LEONETTE, , 2001/03/19	TUKS 12.23	0	6	B
4	NOLTE, DANIELLE, , / /	B2R 12.30	0	5	
5	KOK (23), CHANE, , 2004/08/16	TUKS 12.33	0	4	
6	LACY (23), CASSIDY, , 2004/02/16	TUKS 12.40	0	3	
7	VLASMAN (23), MIRO, , 2004/07/08	NETH 12.43	0	2	
8	DU PLOOY, SIMONE, , 1996/04/14	TUKS 12.49	0	1	
9	IAIA, ANA DA ROCHA FAZ BEM, , 2000/09/18	MATC 12.83	0	0	
10	MAMELASIGIDI (23), KAMOGELO, , 2002/06/17	VUT 13.16	0	0	
11	COWLING, ASHLEY, , 2001/07/11	FFA 13.52	0	0	
12	BRADLEY (M), LYNN, , 1984/01/28	TUKS 14.06	0	0	

Item 135 13:15:00 Final 1 of 3 Women Senior 100m -2.4

1	DU PLOOY, SIMONE, , 1996/04/14	TUKS 12.49	0	
2	BRADLEY (M), LYNN, , 1984/01/28	TUKS 14.06	0	

Item 135 13:15:00 Final 2 of 3 Women Senior 100m -2.2

1	VOSLOO, LEONETTE, , 2001/03/19	TUKS 12.23	0	
2	LACY (23), CASSIDY, , 2004/02/16	TUKS 12.40	0	
3	VLASMAN (23), MIRO, , 2004/07/08	NETH 12.43	0	



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4	IAIA, ANA DA ROCHA FAZ BEM, , 2000/09/18	MATC 12.83	0
5	MAMELASIGIDI (23), KAMOGELO, , 2002/06/17	VUT 13.16	0
6	COWLING, ASHLEY, , 2001/07/11	FFA 13.52	0

Item 135 13:15:00 Final 3 of 3 Women Senior 100m -1.1

1	VAN STADEN (23), JADA, , 2003/04/20	TUKS 12.14	0
2	BUDZANI, NANCY, , 1996/03/26	BOTSW 12.19	0
3	NOLTE, DANIELLE, , / /	B2R 12.30	0
4	KOK (23), CHANE, , 2004/08/16	TUKS 12.33	0

Item 121 13:00:00 Final Results Men Senior 100m

1	MASASA, THUTO, , 2000/08/21	BOTSW 10.47	0	8	G
2	MAKUSHA, NGONI, , 1994/06/29	ELITE 10.52	0	7	S
3	MOTSEPE, NTANDO, , 1999/10/04	ARB 10.63	0	6	B
4	DOS SANTOS (23), MARCOS CASSANJE, , 2004/01/15	PETRO 10.65	0	5	
5	MOSIME, TISETSO, , 1998/02/17	AGNIND 10.70	0	4	
6	VAN STADEN (23), SLAYDEN, , 2004/12/09	TUKS 10.80	0	3	
7	LE ROUX, WOUTER, , 2001/03/16	WTK 10.81	0	2	
8	DEVE, EDSON FRANCISCO, , 1995/03/17	MATC 10.96	0	1	
9	SESAY (23), JAMIE, , 2004/07/08	NETH 10.97	0	0	
10	MAZIYA, MLANDVO, , 1998/08/21	ESW 11.03	0	0	
11	MULAHE, ALCINO, , 1998/01/31	MATC 11.12	0	0	
12	HAZES, LEVI, , 2000/01/15	NETH 11.13	0	0	
13	NEL (23), SW, , 2002/09/11	TUKS 11.14	0	0	
14	MATUMBU (23), CLEMENT TATENDA, , 2004/06/08	ELITE 11.22	0	0	
15	LEFATSHE, SOLOMON, , 1997/10/24	BOTSW 11.25	0	0	
16	MATLALA (23), THATO, , 2004/01/13	TUKS 11.26	0	0	
17	KHOZA, MTHULISI, , 1998/01/08	ESW 11.28	0	0	
18	NKOSI (23), SIYABONGA, , 2004/06/27	TUKS 11.42	0	0	
19	KRUGER (23), LUKE, , 2003/12/12	MEGA 11.49	0	0	
19	MATSWAGOTHATA, CASPER, , 1999/07/25	BOTSW 11.49	0	0	
21	JELE (M), OFENTSE, , 1984/07/17	BOTSW 11.52	0	0	
22	PRETORIUS, FREDRIECH, , 1995/08/04	TUKS 11.54	0	0	
23	SEPENG (23), TSHEGOFATSO, , 2004/07/31	PRC 11.81	0	0	
24	KUMM (23), JASON, , 2002/11/01	TUKS 11.84	0	0	
24	MAAGA, LEBOGANG, , 1992/08/27	MAM 11.84	0	0	
26	KANDORO (23), ELSHAMMAH, , 2002/06/07	TUKS 11.86	0	0	
27	MOLETSANE, RORISANG, , 2001/12/08	CPUT 11.96	0	0	
28	MAVIMBELA (23), NHLANHLA, , 2002/01/15	AGNIND 11.97	0	0	
29	BRONKHORST, RUAN, , 2003/10/30	TUKS 12.02	0	0	
30	MAPHASA, TSHEGETSO, , 2001/10/05	PEAK 12.10	0	0	
31	VAN DER LINDE (23), DIMAR, , 2004/05/05	TUKS 12.11	0	0	
32	BLOEM (23), JACO, , 2003/11/21	PEAK 12.22	0	0	
33	VORSTER (M), RUAAN, , 1982/06/15	GNM 12.73	0	0	
34	DUTTON, RUAAN, , / /	AGNIND 13.24	0	0	
35	SAWUNYAMA, JABULANI TASHINGA, , 2001/03/30	MWC 14.06	0	0	
36	HORUGAVYE (M), ARISTIDE, , 1978/11/13	TUKS 14.50	0	0	
37	MAILULA, THABANG VICTOR, , / /	B2R 14.51	0	0	

Item 121 13:00:00 Final 1 of 8 Men Senior 100m -0.9

1	DEVE, EDSON FRANCISCO, , 1995/03/17	MATC 10.96	0
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Item 121 13:00:00 Final 2 of 8 Men Senior 100m -0.6



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1	MASASA, THUTO, , 2000/08/21	BOTSW	10.47	0
2	DOS SANTOS (23), MARCOS CASSANJE, , 2004/01/15	PETRO	10.65	0
3	NKOSI (23), SIYABONGA, , 2004/06/27	TUKS	11.42	0
4	KRUGER (23), LUKE, , 2003/12/12	MEGA	11.49	0
5	VAN DER LINDE (23), DIMAR, , 2004/05/05	TUKS	12.11	0

Item 121 13:00:00 Final 3 of 8 Men Senior 100m -2.0

1	MULAHE, ALCINO, , 1998/01/31	MATC	11.12	0
2	LEFATSHE, SOLOMON, , 1997/10/24	BOTSW	11.25	0
3	MATLALA (23), THATO, , 2004/01/13	TUKS	11.26	0
4	MATSWAGOTHATA, CASPER, , 1999/07/25	BOTSW	11.49	0
5	PRETORIUS, FREDRIECH, , 1995/08/04	TUKS	11.54	0

Item 121 13:00:00 Final 4 of 8 Men Senior 100m -1.4

1	MAKUSHA, NGONI, , 1994/06/29	ELITE	10.52	0
2	NEL (23), SW, , 2002/09/11	TUKS	11.14	0
3	MAAGA, LEBOGANG, , 1992/08/27	MAM	11.84	0
4	VORSTER (M), RUAAN, , 1982/06/15	GNM	12.73	0

Item 121 13:00:00 Final 5 of 8 Men Senior 100m -1.6

1	SESAY (23), JAMIE, , 2004/07/08	NETH	10.97	0
2	KUMM (23), JASON, , 2002/11/01	TUKS	11.84	0
3	MOLETSANE, RORISANG, , 2001/12/08	CPUT	11.96	0
4	HORUGAVYE (M), ARISTIDE, , 1978/11/13	TUKS	14.50	0

Item 121 13:00:00 Final 6 of 8 Men Senior 100m -0.2

1	VAN STADEN (23), SLAYDEN, , 2004/12/09	TUKS	10.80	0
2	HAZES, LEVI, , 2000/01/15	NETH	11.13	0
3	JELE (M), OFENTSE, , 1984/07/17	BOTSW	11.52	0
4	KANDORO (23), ELSHAMMAH, , 2002/06/07	TUKS	11.86	0
5	MAVIMBELA (23), NHLANHLA, , 2002/01/15	AGNIND	11.97	0
6	BRONKHORST, RUAN, , 2003/10/30	TUKS	12.02	0
7	DUTTON, RUAAN, , / /	AGNIND	13.24	0

Item 121 13:00:00 Final 7 of 8 Men Senior 100m 0.5

1	MOTSEPE, NTANDO, , 1999/10/04	ARB	10.63	0
2	KHOZA, MTHULISI, , 1998/01/08	ESW	11.28	0
3	SEPENG (23), TSHEGOFATSO, , 2004/07/31	PRC	11.81	0
4	MAPHASA, TSHEGETSO, , 2001/10/05	PEAK	12.10	0
5	BLOEM (23), JACO, , 2003/11/21	PEAK	12.22	0
6	SAWUNYAMA, JABULANI TASHINGA, , 2001/03/30	MWC	14.06	0

Item 121 13:00:00 Final 8 of 8 Men Senior 100m 2.0

1	MOSIME, TISETSO, , 1998/02/17	AGNIND	10.70	0
2	LE ROUX, WOUTER, , 2001/03/16	WTK	10.81	0
3	MAZIYA, MLANDVO, , 1998/08/21	ESW	11.03	0
4	MATUMBU (23), CLEMENT TATENDA, , 2004/06/08	ELITE	11.22	0
5	MAILULA, THABANG VICTOR, , / /	B2R	14.51	0

Item 55 09:50:00 Final Results Girls U16 200m

1	BOUWER, KARLA, , 2009/03/11	GRF	26.44	835	8	G
2	GOUWS, BIANCA, , 2010/05/11	WOERIE	27.61	769	7	S
3	HEYNEKE, ANNERIKE, , 2009/02/03	MPK	27.64	767	6	B
4	BUTLER, ZUANIQUE, , 2010/05/21	MKP1	28.23	738	5	
5	SEDUPANE, BOKAMOSO, , 2009/06/09	CURRO	28.71	715	4	
6	STADLER, AMOREY, , / /	BRITS	28.86	708	3	



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7	MAAKE, MOKGADI, , 2010/02/07	CURRO 29.40	684	2
8	NLATLENG, REABETSWE, , 2009/10/12	ROSINA 30.04	657	1
9	MERRICKS, AMY, , 2010/02/20	PARYS 30.20	650	0

Item 55 09:50:00 Final 1 of 2 Girls U16 200m -0.9

1	BOUWER, KARLA, , 2009/03/11	GRF 26.44	835
2	HEYNEKE, ANNERIKE, , 2009/02/03	MPK 27.64	767
3	STADLER, AMOREY, , / /	BRITS 28.86	708
4	MAAKE, MOKGADI, , 2010/02/07	CURRO 29.40	684
5	MERRICKS, AMY, , 2010/02/20	PARYS 30.20	650

Item 55 09:50:00 Final 2 of 2 Girls U16 200m -1.5

1	GOUWS, BIANCA, , 2010/05/11	WOERIE 27.61	769
2	BUTLER, ZUANIQUE, , 2010/05/21	MKP1 28.23	738
3	SEDUPANE, BOKAMOSO, , 2009/06/09	CURRO 28.71	715
4	NLATLENG, REABETSWE, , 2009/10/12	ROSINA 30.04	657

Item 56 09:55:00 Final Results Boys U16 200m

1	BOTMA, DANIE, , / /	MPK 24.02	702	8	G
2	SEKHWELA, JUNIOR, , 2009/01/17	CURRO 24.53	667	7	S
3	NELUHENI, BONO, , 2009/01/19	STA 24.61	662	6	B
4	CALITZ, EMILE, , 2009/01/26	MPK 24.69	657	5	
5	VAN LOGGERENBERG, DARIUS, , 2008/04/29	JS 24.75	653	4	
6	STRACHAN, JESSE, , 2009/06/19	PBHS 24.93	642	3	
7	DLADLA, SIYANDA, , 2009/01/06	PBHS 25.22	624	2	
8	NGOBENI, DAHRON, , 2009/02/10	NED 25.25	623	1	
9	MAKHUDU, TSHIAMO, , 2010/09/09	AGNIND 25.53	606	0	
10	NEL, SIMEON, ,	CURRO 25.67	598	0	
11	BOSHOFF, JACOBUS CONRADIE (CONRAD), , 2010/07/14	DIRK 30.59	373	0	

Item 56 09:55:00 Final 1 of 2 Boys U16 200m 0.7

1	NELUHENI, BONO, , 2009/01/19	STA 24.61	662
2	STRACHAN, JESSE, , 2009/06/19	PBHS 24.93	642
3	DLADLA, SIYANDA, , 2009/01/06	PBHS 25.22	624
4	NGOBENI, DAHRON, , 2009/02/10	NED 25.25	623

Item 56 09:55:00 Final 2 of 2 Boys U16 200m -1.4

1	BOTMA, DANIE, , / /	MPK 24.02	702
2	SEKHWELA, JUNIOR, , 2009/01/17	CURRO 24.53	667
3	CALITZ, EMILE, , 2009/01/26	MPK 24.69	657
4	VAN LOGGERENBERG, DARIUS, , 2008/04/29	JS 24.75	653
5	MAKHUDU, TSHIAMO, , 2010/09/09	AGNIND 25.53	606
6	NEL, SIMEON, ,	CURRO 25.67	598
7	BOSHOFF, JACOBUS CONRADIE (CONRAD), , 2010/07/14	DIRK 30.59	373

Item 67 10:05:00 Final Results Women U18 200m

1	VAN JAARVELD, SHANIQUE KATHLEEN, , 2007/05/08	GRF 26.52	806	8	G
2	DAVIS, CHRYSTABEL, , 2008/12/05	WTK 26.74	794	7	S
3	MOTLATLE, AMO, , 2008/12/01	CURRO 26.93	783	6	B
4	PRETORIUS, CALEIGH, , 2007/10/19	ZWK 27.13	773	5	
5	COLLETT, JASMINE, , 2008/11/05	CURRO 27.23	767	4	
6	GROENEWALD, LENTE, , 2007/05/22	MSC 27.52	752	3	
7	ERASMUS, MARLIONE, , 2008/03/06	ERM 27.55	751	2	
8	VAN DER WESTHUIZEN, ELZAAN, , 2007/04/04	MSC 27.89	734	1	



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9	WETHMAR, SUMARI, , / /	GRF 27.95	731	0
10	ALBERTS, BROOKLYN, , 2028/11/19	CURRO 28.04	726	0
11	CRAFFORD, DIHANE, , 2007/04/21	ZWK 28.46	706	0
12	LOOTS, ZANE, , / /	MPK 28.55	702	0
13	FUMO, MELANIE PAULA, , 2007/10/23	DESPOR 29.31	669	0
14	BARRY, KIRSTEN, , 2008/01/25	CURRO 29.91	644	0
15	KNOWLES, MEGAN, , 2008/04/18	MSC 29.97	641	0
16	MARITZ, JESSICA, , 2008/12/06	ZWK 30.34	627	0
17	MANAMELA, TSHIAMO, , 2008/01/04	DAN 31.02	600	0

Item 67 10:05:00 Final 1 of 3 Women U18 200m -2.1

1	COLLETT, JASMINE, , 2008/11/05	CURRO 27.23	767
2	GROENEWALD, LENTE, , 2007/05/22	MSC 27.52	752
3	ALBERTS, BROOKLYN, , 2028/11/19	CURRO 28.04	726
4	LOOTS, ZANE, , / /	MPK 28.55	702

Item 67 10:05:00 Final 2 of 3 Women U18 200m 0.7

1	VAN JAARVELD, SHANIQUE KATHLEEN, , 2007/05/08	GRF 26.52	806
2	PRETORIUS, CALEIGH, , 2007/10/19	ZWK 27.13	773
3	WETHMAR, SUMARI, , / /	GRF 27.95	731
4	FUMO, MELANIE PAULA, , 2007/10/23	DESPOR 29.31	669
5	BARRY, KIRSTEN, , 2008/01/25	CURRO 29.91	644
6	MARITZ, JESSICA, , 2008/12/06	ZWK 30.34	627

Item 67 10:05:00 Final 3 of 3 Women U18 200m -1.4

1	DAVIS, CHRYSTABEL, , 2008/12/05	WTK 26.74	794
2	MOTLATLE, AMO, , 2008/12/01	CURRO 26.93	783
3	ERASMUS, MARLIONE, , 2008/03/06	ERM 27.55	751
4	VAN DER WESTHUIZEN, ELZAAN, , 2007/04/04	MSC 27.89	734
5	CRAFFORD, DIHANE, , 2007/04/21	ZWK 28.46	706
6	KNOWLES, MEGAN, , 2008/04/18	MSC 29.97	641
7	MANAMELA, TSHIAMO, , 2008/01/04	DAN 31.02	600

Item 68 10:10:00 Final Results Men U18 200m

1	CARVALHO, RUANO BOCK PAYHAMA DE, , 2007/02/11	PETRO 22.51	783	8	G
2	ROMIJN, KRYN, , 2007/02/16	ERM 22.54	780	7	S
3	GROBBELAAR, HEINRICH, , 2007/02/01	SEN 22.77	762	6	B
4	DIKGALE, LESIBE, , 2007/04/03	CURRO 22.79	760	5	
5	MBONYEKE, TAKUDZWA, , 2007/12/03	ELITE 22.90	751	4	
6	KAPU, TUMELO, , 2008/05/15	PBHS 23.50	707	3	
7	SKOSANA, SIBUSISO SHAUN, , 2007/12/09	TUKS 23.57	702	2	
8	MINNAAR, ETHAN, , 2008/01/26	TUKS 23.72	692	1	
9	STRACHAN, DANIEL, , 2008/04/21	PBHS 23.88	681	0	
10	MAKOBÉ, MODISANE, , 2008/02/03	CURRO 24.09	667	0	
11	MATHISO, SIMPHIWE, , 2008/02/29	ROSINA 24.10	666	0	
12	MOTAUNG, TSHIAMO, , 2008/04/28	CURRO 24.20	660	0	
13	RAPHELA, BOIKARABELO, , 2008/06/17	CURRO 24.56	636	0	
14	NYILONGO, LUCKY, , 2027/12/15	SASOL 24.60	634	0	
15	BESTER, MIGAEL, , 2007/06/29	TUKS 24.80	622	0	
16	MASIPA, THABANG, , 2007/11/18	MAM 24.92	615	0	
17	NTULI, KWANELE, , 2008/12/22	PBHS 25.46	583	0	
18	HOLTZHAUSEN, ZANRICH, , 2008/03/31	MPK 26.01	553	0	

Item 68 10:10:00 Final 1 of 4 Men U18 200m 0.0

1	ROMIJN, KRYN, , 2007/02/16	ERM 22.54	780
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2	KAPU, TUMELO, , 2008/05/15	PBHS 23.50	707
3	BESTER, MIGAEL, , 2007/06/29	TUKS 24.80	622
4	MASIPA, THABANG, , 2007/11/18	MAM 24.92	615
5	NTULI, KWANELE, , 2008/12/22	PBHS 25.46	583

Item 68 10:10:00 Final 2 of 4 Men U18 200m -0.3

1	GROBBELAAR, HEINRICH, , 2007/02/01	SEN 22.77	762
2	MBONYEKE, TAKUDZWA, , 2007/12/03	ELITE 22.90	751
3	SKOSANA, SIBUSISO SHAUN, , 2007/12/09	TUKS 23.57	702
4	MOTAUNG, TSHIAMO, , 2008/04/28	CURRO 24.20	660
5	RAPHELA, BOIKARABELO, , 2008/06/17	CURRO 24.56	636

Item 68 10:10:00 Final 3 of 4 Men U18 200m -1.2

1	STRACHAN, DANIEL, , 2008/04/21	PBHS 23.88	681
2	MAKOBE, MODISANE, , 2008/02/03	CURRO 24.09	667
3	MATHISO, SIMPHIWE, , 2008/02/29	ROSINA 24.10	666
4	NYILONGO, LUCKY, , 2027/12/15	SASOL 24.60	634

Item 68 10:10:00 Final 4 of 4 Men U18 200m -2.2

1	CARVALHO, RUANO BOCK PAYHAMA DE, , 2007/02/11	PETRO 22.51	783
2	DIKGALE, LESIBE, , 2007/04/03	CURRO 22.79	760
3	MINNAAR, ETHAN, , 2008/01/26	TUKS 23.72	692
4	HOLTZHAUSEN, ZANRICH, , 2008/03/31	MPK 26.01	553

Item 69 10:15:00 Final Results Women U20 200m

1	WANSBURY, CHARNE, , 2005/03/11	BLOEM 25.38	854	8	G
2	DE BEER, MIA, , 2006/06/29	BRITS 25.87	824	7	S
3	PRETORIUS, EMKE, , 2006/04/24	HIGH 26.26	801	6	B
4	MUNETSI, RUJEKO, , 2005/08/05	ELITE 26.43	791	5	
5	DOKA, NATALEY NYASHA, , 2006/07/06	ELITE 26.76	772	4	
6	NAGEL, LIANCA, , 2005/02/13	BLUE 29.71	635	3	
7	EBRAHIM, TASIYA, , 2005/07/07	TUKS 29.73	634	2	
8	NIKISI, TRISH VIMBAI, , 2005/04/24	ELITE 29.82	631	1	
9	SEALA, AOBAKWE, , 2006/11/12	TUKS 30.28	613	0	

Item 69 10:15:00 Final 1 of 2 Women U20 200m -0.3

1	DE BEER, MIA, , 2006/06/29	BRITS 25.87	824
2	MUNETSI, RUJEKO, , 2005/08/05	ELITE 26.43	791
3	DOKA, NATALEY NYASHA, , 2006/07/06	ELITE 26.76	772
4	EBRAHIM, TASIYA, , 2005/07/07	TUKS 29.73	634

Item 69 10:15:00 Final 2 of 2 Women U20 200m -2.2

1	WANSBURY, CHARNE, , 2005/03/11	BLOEM 25.38	854
2	PRETORIUS, EMKE, , 2006/04/24	HIGH 26.26	801
3	NAGEL, LIANCA, , 2005/02/13	BLUE 29.71	635
4	NIKISI, TRISH VIMBAI, , 2005/04/24	ELITE 29.82	631
5	SEALA, AOBAKWE, , 2006/11/12	TUKS 30.28	613

Item 70 10:20:00 Final Results Men U20 200m

1	IGBO, MOSES, , 2006/12/27	BLOEM 22.64	745	8	G
2	SHABANGU, BOKAMOSO, , / /	AGNIND 22.71	740	7	S
3	IGWEBUIKE, BLESSING, , 2005/03/13	AGNIND 22.73	738	6	B
4	HATTINGH, JUSTIN, , 2005/07/03	MSC 22.74	737	5	
5	TAUYAH, TREVOR DAVID TAWANANYASHA, , 2006/08/18	ELITE 22.84	730	4	
6	GEZANI, CALVIN, , 2006/01/06	MWC 23.04	715	2.5	
6	DE VILLIERS, LIAM, , 2005/09/12	MON 23.04	715	2.5	



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8	NDUNA, TAFADZWA, , 2005/02/16	ELITE 23.34	693	1
9	TEMANE, ANTHONY, , 2005/12/21	TUKS 23.67	671	0
10	BLIGNAUT, NATHAN, , 2006/05/15	WTK 24.24	633	0
11	MUKUROMBINDO, TINASHE MUNYARADZI, , 2005/08/21	ELITE 24.26	632	0
12	MLANGENI, THEMBA, , 2006/03/15	AGNIND 25.04	586	0

Item 70 10:20:00 Final 1 of 2 Men U20 200m -1.1

1	IGBO, MOSES, , 2006/12/27	BLOEM 22.64	745
2	HATTINGH, JUSTIN, , 2005/07/03	MSC 22.74	737
3	TAUYAH, TREVOR DAVID TAWANANYASHA, , 2006/08/18	ELITE 22.84	730
4	GEZANI, CALVIN, , 2006/01/06	MWC 23.04	715
5	NDUNA, TAFADZWA, , 2005/02/16	ELITE 23.34	693
6	BLIGNAUT, NATHAN, , 2006/05/15	WTK 24.24	633

Item 70 10:20:00 Final 2 of 2 Men U20 200m -0.5

1	SHABANGU, BOKAMOSO, , / /	AGNIND 22.71	740
2	IGWEBUIKE, BLESSING, , 2005/03/13	AGNIND 22.73	738
3	DE VILLIERS, LIAM, , 2005/09/12	MON 23.04	715
4	TEMANE, ANTHONY, , 2005/12/21	TUKS 23.67	671
5	MUKUROMBINDO, TINASHE MUNYARADZI, , 2005/08/21	ELITE 24.26	632
6	MLANGENI, THEMBA, , 2006/03/15	AGNIND 25.04	586

Item 71 10:25:00 Final Results Women Senior 200m

1	DU PLOOY, SIMONE, , 1996/04/14	TUKS 24.88	0	8	G
2	VOSLOO, LEONETTE, , 2001/03/19	TUKS 25.38	0	7	S
3	COMPAAN (23), MILA, , 2003/01/16	TUKS 25.42	0	6	B
4	IAIA, ANA DA ROCHA FAZ BEM, , 2000/09/18	MATC 26.35	0	5	
5	ROBSON, YVONNE, , 1999/09/12	TUKS 27.56	0	4	
6	COWLING, ASHLEY, , 2001/07/11	FFA 27.90	0	3	
7	BRADLEY (M), LYNN, , 1984/01/28	TUKS 29.72	0	2	

Item 71 10:25:00 Final 1 of 2 Women Senior 200m -2.4

1	COMPAAN (23), MILA, , 2003/01/16	TUKS 25.42	0
2	IAIA, ANA DA ROCHA FAZ BEM, , 2000/09/18	MATC 26.35	0
3	COWLING, ASHLEY, , 2001/07/11	FFA 27.90	0
4	BRADLEY (M), LYNN, , 1984/01/28	TUKS 29.72	0

Item 71 10:25:00 Final 2 of 2 Women Senior 200m -1.0

1	DU PLOOY, SIMONE, , 1996/04/14	TUKS 24.88	0
2	VOSLOO, LEONETTE, , 2001/03/19	TUKS 25.38	0
3	ROBSON, YVONNE, , 1999/09/12	TUKS 27.56	0

Item 72 10:30:00 Final Results Men Senior 200m

1	DOS SANTOS (23), MARCOS CASSANJE, , 2004/01/15	PETRO 21.01	0	8	G
2	MAKUSHA, NGONI, , 1994/06/29	ELITE 21.34	0	7	S
3	ZUZE, LEEFORD, , 2001/04/02	MWC 21.53	0	6	B
4	JORDIER, THOMAS, , 1994/08/12	AMIENS 21.56	0	5	
5	MUWISHI, GERREN, , 1994/03/19	MWC 21.57	0	3.5	
5	BLAKE (23), KEENAN, , 2003/01/17	NETH 21.57	0	3.5	
7	MUKUCHURA, ELVIS, , 1994/03/15	MWC 21.78	0	2	
8	MONARENG, THEMBO, , 1999/02/14	NED 21.94	0	1	
9	DEVE, EDSON FRANCISCO, , 1995/03/17	MATC 22.03	0	0	
10	HAZES, LEVI, , 2000/01/15	NETH 22.20	0	0	



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11	MASHIGO, KARABO, , 1999/02/28	TUKS	22.24	0	0
12	MATLALA (23), THATO, , 2004/01/13	TUKS	22.30	0	0
13	HAMMAN, LEROUX, , 1992/01/06	TUKS	22.32	0	0
14	MAZIYA, MLANDVO, , 1998/08/21	ESW	22.34	0	0
15	KHOZA, MTHULISI, , 1998/01/08	ESW	22.51	0	0
16	MULAHE, ALCINO, , 1998/01/31	MATC	22.60	0	0
17	MAWARIRE, JEREMIAH, , 2003/09/19	MWC	22.62	0	0
18	TIPI (23), BRENDON TATENDA, , 2004/04/12	ELITE	22.63	0	0
19	LEFATSHE, SOLOMON, , 1997/10/24	BOTSW	22.70	0	0
20	EMANUELSON (23), ISIAH, , 2002/06/03	NETH	22.73	0	0
21	KRUGER (23), LUKE, , 2003/12/12	MEGA	22.95	0	0
22	LEKGAU, JONAS, , 1999/10/23	MASAI	22.96	0	0
23	MATUMBU (23), CLEMENT TATENDA, , 2004/06/08	ELITE	23.13	0	0
24	NKOSI (23), SIYABONGA, , 2004/06/27	TUKS	23.42	0	0
25	KITSHOFF, JEAN-PIERRE, , 1991/09/02	TUKS	23.62	0	0
26	MAILULA, THABANG VICTOR, , / /	B2R	23.63	0	0
27	SNYMAN (23), ARMAND, , 2004/01/04	LUV	23.83	0	0
28	MOLETSANE, RORISANG, , 2001/12/08	CPUT	24.06	0	0
29	SEPENG (23), TSHEGOFATSO, , 2004/07/31	PRC	24.07	0	0
30	MATLALA (23), ANDILE, , 2003/05/05	TUKS	24.11	0	0
31	MAAGA, LEOGANG, , / /	TUT	24.99	0	0
32	DUTTON, RUAAN, , / /	AGNIND	26.89	0	0
33	MAROBÉ (23), BAKANNG, , 2004/07/07	MASAI	27.05	0	0

Item 72 10:30:00 Final 1 of 7 Men Senior 200m -1.1

1	JORDIER, THOMAS, , 1994/08/12	AMIENS	21.56	0	
2	MATLALA (23), THATO, , 2004/01/13	TUKS	22.30	0	
3	HAMMAN, LEROUX, , 1992/01/06	TUKS	22.32	0	
4	MULAHE, ALCINO, , 1998/01/31	MATC	22.60	0	
5	NKOSI (23), SIYABONGA, , 2004/06/27	TUKS	23.42	0	
6	MAAGA, LEOGANG, , / /	TUT	24.99	0	

Item 72 10:30:00 Final 2 of 7 Men Senior 200m -1.1

1	DOS SANTOS (23), MARCOS CASSANJE, , 2004/01/15	PETRO	21.01	0	
2	MUWISHI, GERREN, , 1994/03/19	MWC	21.57	0	
3	MASHIGO, KARABO, , 1999/02/28	TUKS	22.24	0	
4	LEKGAU, JONAS, , 1999/10/23	MASAI	22.96	0	
5	SNYMAN (23), ARMAND, , 2004/01/04	LUV	23.83	0	

Item 72 10:30:00 Final 3 of 7 Men Senior 200m 0.2

1	MAZIYA, MLANDVO, , 1998/08/21	ESW	22.34	0	
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Item 72 10:30:00 Final 4 of 7 Men Senior 200m -0.3

1	MUKUCHURA, ELVIS, , 1994/03/15	MWC	21.78	0	
2	HAZES, LEVI, , 2000/01/15	NETH	22.20	0	
3	MAWARIRE, JEREMIAH, , 2003/09/19	MWC	22.62	0	
4	KRUGER (23), LUKE, , 2003/12/12	MEGA	22.95	0	
5	MAROBÉ (23), BAKANNG, , 2004/07/07	MASAI	27.05	0	

Item 72 10:30:00 Final 5 of 7 Men Senior 200m 0.2

1	ZUZE, LEEFORD, , 2001/04/02	MWC	21.53	0	
2	MONARENG, THEMBO, , 1999/02/14	NED	21.94	0	
3	LEFATSHE, SOLOMON, , 1997/10/24	BOTSW	22.70	0	
4	KITSHOFF, JEAN-PIERRE, , 1991/09/02	TUKS	23.62	0	
5	MATLALA (23), ANDILE, , 2003/05/05	TUKS	24.11	0	

Item 72 10:30:00 Final 6 of 7 Men Senior 200m 1.1



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1	DEVE, EDSON FRANCISCO, , 1995/03/17	MATC 22.03	0
2	TIPI (23), BRENDON TATENDA, , 2004/04/12	ELITE 22.63	0
3	MATUMBU (23), CLEMENT TATENDA, , 2004/06/08	ELITE 23.13	0
4	MAILULA, THABANG VICTOR, , / /	B2R 23.63	0
5	SEPENG (23), TSHEGOFATSO, , 2004/07/31	PRC 24.07	0

Item 72 10:30:00 Final 7 of 7 Men Senior 200m 0.3

1	MAKUSHA, NGONI, , 1994/06/29	ELITE 21.34	0
2	BLAKE (23), KEENAN, , 2003/01/17	NETH 21.57	0
3	KHOZA, MTHULISI, , 1998/01/08	ESW 22.51	0
4	EMANUELSON (23), ISIAH, , 2002/06/03	NETH 22.73	0
5	MOLETSANE, RORISANG, , 2001/12/08	CPUT 24.06	0
6	DUTTON, RUAAN, , / /	AGNIND 26.89	0

Item 120 12:55:00 Final Results Girls U16 400m

1	TALJAARD, NICKA, , 2009/09/02	32GI 1:02.05	802	8	G
2	GOUWS, BIANCA, , 2010/05/11	WOERIE 1:04.70	748	7	S
3	ROOS, LUZELLE, , 2010/09/14	ZWK 1:06.71	710	6	B
4	SCHUTTE, ASHLEY, , 2010/02/08	32GI 1:09.08	670	5	
5	KRUGER, ISLA- LEIGH, , 2009/07/09	32GI 1:09.39	665	4	
6	CHAUKE, PHUMELLO, , 2009/07/17	CURRO 1:12.05	624	3	
7	SEDUPANE, BOKAMOSO, , 2009/06/09	CURRO 1:12.87	612	2	
8	NELSA, MAKADI, , / /	CURRO 1:13.12	609	1	
9	MAAKE, MOKGADI, , 2010/02/07	CURRO 1:16.34	565	0	
10	MLANGENI, PRINCESS NTKOZO, , 2009/01/14	UITS 1:21.39	504	0	
11	MOKOA, NALEDI ONALERONA, , 2009/10/04	UITS 1:21.63	501	0	

Item 120 12:55:00 Final 1 of 2 Girls U16 400m

1	GOUWS, BIANCA, , 2010/05/11	WOERIE 1:04.70	748
2	SEDUPANE, BOKAMOSO, , 2009/06/09	CURRO 1:12.87	612
3	MAAKE, MOKGADI, , 2010/02/07	CURRO 1:16.34	565
4	MLANGENI, PRINCESS NTKOZO, , 2009/01/14	UITS 1:21.39	504

Item 120 12:55:00 Final 2 of 2 Girls U16 400m

1	TALJAARD, NICKA, , 2009/09/02	32GI 1:02.05	802
2	ROOS, LUZELLE, , 2010/09/14	ZWK 1:06.71	710
3	SCHUTTE, ASHLEY, , 2010/02/08	32GI 1:09.08	670
4	KRUGER, ISLA- LEIGH, , 2009/07/09	32GI 1:09.39	665
5	CHAUKE, PHUMELLO, , 2009/07/17	CURRO 1:12.05	624
6	NELSA, MAKADI, , / /	CURRO 1:13.12	609
7	MOKOA, NALEDI ONALERONA, , 2009/10/04	UITS 1:21.63	501

Item 119 12:50:00 Final Results Boys U16 400m

1	ELS, EMIL, , 2009/01/08	AHS 0:52.56	776	8	G
2	ERASMUS, SCHALK, , 2009/02/16	MON 0:56.83	656	7	S
3	VAN ZYL, HANNU, , 2009/04/25	AHS 0:59.02	604	6	B
4	NEL, SIMEON, ,	CURRO 0:59.88	585	5	
5	LABUSCHAGNE, RIAAN, , 2010/01/05	MSC 1:00.55	571	4	
6	VIVIER, JAMES, , 2010/10/25	FPN 1:03.74	508	3	
7	DIBELA, GONTSE, , 2010/09/07	AGNIND 1:07.67	439	2	

Item 119 12:50:00 Final 1 of 2 Boys U16 400m

1	NEL, SIMEON, ,	CURRO 0:59.88	585
2	LABUSCHAGNE, RIAAN, , 2010/01/05	MSC 1:00.55	571



3	DIBELA, GONTSE, , 2010/09/07	AGNIND	1:07.67	439
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Item 119 12:50:00 Final 2 of 2 Boys U16 400m

1	ELS, EMIL, , 2009/01/08	AHS	0:52.56	776
2	ERASMUS, SCHALK, , 2009/02/16	MON	0:56.83	656
3	VAN ZYL, HANNU, , 2009/04/25	AHS	0:59.02	604
4	VIVIER, JAMES, , 2010/10/25	FPN	1:03.74	508

Item 118 12:45:00 Final Results Women U18 400m

1	DE VILLIERS, JOHANKA, , 2008/08/11	NED	1:00.35	820	8	G
2	GROENEWALD, LENTE, , 2007/05/22	MSC	1:00.89	808	7	S
3	ERASMUS, MARLIONE, , 2008/03/06	ERM	1:02.58	771	6	B
4	COLLETT, JASMINE, , 2008/11/05	CURRO	1:03.21	758	5	
5	STRUWIG, CHRISTELLE, , 2007/11/02	MSC	1:03.91	744	4	
6	VAN DER WESTHUIZEN, ELZAAN, , 2007/04/04	MSC	1:05.97	706	3	
7	PULE, MPHONG, , 2007/04/15	CURRO	1:06.70	693	2	
8	ALBERTS, BROOKLYN, , 2028/11/19	CURRO	1:06.76	692	1	
9	BARRY, KIRSTEN, , 2008/01/25	CURRO	1:09.68	644	0	
10	ERNST, LINELL ELZE, , 2008/12/26	WTK	1:20.41	501	0	

Item 118 12:45:00 Final 1 of 2 Women U18 400m

1	DE VILLIERS, JOHANKA, , 2008/08/11	NED	1:00.35	820
2	ERASMUS, MARLIONE, , 2008/03/06	ERM	1:02.58	771
3	COLLETT, JASMINE, , 2008/11/05	CURRO	1:03.21	758
4	VAN DER WESTHUIZEN, ELZAAN, , 2007/04/04	MSC	1:05.97	706
5	ALBERTS, BROOKLYN, , 2028/11/19	CURRO	1:06.76	692
6	ERNST, LINELL ELZE, , 2008/12/26	WTK	1:20.41	501

Item 118 12:45:00 Final 2 of 2 Women U18 400m

1	GROENEWALD, LENTE, , 2007/05/22	MSC	1:00.89	808
2	STRUWIG, CHRISTELLE, , 2007/11/02	MSC	1:03.91	744
3	PULE, MPHONG, , 2007/04/15	CURRO	1:06.70	693
4	BARRY, KIRSTEN, , 2008/01/25	CURRO	1:09.68	644

Item 117 12:40:00 Final Results Men U18 400m

1	ROMIJN, KRYN, , 2007/02/16	ERM	0:48.81	876	8	G
2	GROBBELAAR, HEINRICH, , 2007/02/01	SEN	0:50.04	829	7	S
3	MOTLOUNG, JEHOSEPHAT, , 2008/05/19	CURRO	0:50.54	811	6	B
4	MKHWANAZI, TSHIDISO, , 2007/02/24	CURRO	0:51.33	784	5	
5	RIEKERT, RYNO, , 2007/05/23	MPK	0:52.87	736	4	
6	DLUNGE, INAM, , 2007/04/25	CURRO	0:53.04	731	3	
7	VAN DE GIESSEN, ANTON, , 2007/04/07	ZWK	0:53.19	727	2	
8	STRACHAN, DANIEL, , 2008/04/21	PBHS	0:53.84	708	1	
9	LETSOALO, TSHEPANG, , 2007/07/05	FPN	0:54.51	690	0	
10	MAKOBANE, MODISANE, , 2008/02/03	CURRO	0:54.90	679	0	
11	KAPU, TUMELO, , 2008/05/15	PBHS	0:55.54	662	0	
12	MOTAUNG, TSHIAMO, , 2008/04/28	CURRO	0:56.98	626	0	
13	NTULI, KWANELE, , 2008/12/22	PBHS	0:57.19	621	0	
14	KOTLOLO, LETHABO, , 2007/10/15	AGNIND	1:00.07	558	0	
15	HLONGWANE, ZATTU, , 2007/01/28	CURRO	1:00.76	544	0	
16	OLIVIER, TYLER LUKE, , 2008/05/28	32GI	1:01.78	523	0	

Item 117 12:40:00 Final 1 of 3 Men U18 400m

1	GROBBELAAR, HEINRICH, , 2007/02/01	SEN	0:50.04	829
2	MKHWANAZI, TSHIDISO, , 2007/02/24	CURRO	0:51.33	784
3	MOTAUNG, TSHIAMO, , 2008/04/28	CURRO	0:56.98	626



4	HLONGWANE, ZATTU, , 2007/01/28	CURRO 1:00.76	544
5	OLIVIER, TYLER LUKE, , 2008/05/28	32GI 1:01.78	523

Item 117 12:40:00 Final 2 of 3 Men U18 400m

1	ROMIJN, KRYN, , 2007/02/16	ERM 0:48.81	876
2	MOTLOUNG, JEHOSEPHAT, , 2008/05/19	CURRO 0:50.54	811
3	RIEKERT, RYNO, , 2007/05/23	MPK 0:52.87	736
4	KAPU, TUMELO, , 2008/05/15	PBHS 0:55.54	662
5	NTULI, KWANELE, , 2008/12/22	PBHS 0:57.19	621

Item 117 12:40:00 Final 3 of 3 Men U18 400m

1	DLUNGE, INAM, , 2007/04/25	CURRO 0:53.04	731
2	VAN DE GIESSEN, ANTON, , 2007/04/07	ZWK 0:53.19	727
3	STRACHAN, DANIEL, , 2008/04/21	PBHS 0:53.84	708
4	LETSOALO, TSHEPANG, , 2007/07/05	FPN 0:54.51	690
5	MAKOBÉ, MODISANE, , 2008/02/03	CURRO 0:54.90	679
6	KOTLOLO, LETHABO, , 2007/10/15	AGNIND 1:00.07	558

Item 116 12:35:00 Final Women U20 400m

1	BREEDT, LU CHELLE, , 2006/04/07	BOX 0:59.07	831	8	G
2	WANSBURY, CHARNE, , 2005/03/11	BLOEM 1:00.89	789	7	S
3	PRETORIUS, EMKE, , 2006/04/24	HIGH 1:02.15	762	6	B
4	EBRAHIM, TASIYA, , 2005/07/07	TUKS 1:09.78	628	5	

Item 115 12:30:00 Final Results Men U20 400m

1	WALAZA, BAYANDA, , 2006/02/09	CURRO 0:47.96	880	8	G
2	BRONKHORST, HANLU, , 2006/04/10	ZWK 0:50.04	802	7	S
3	GEZANI, CALVIN, , 2006/01/06	MWC 0:50.21	796	6	B
4	BRONKHORST, LUANDRE, , 2006/04/10	ZWK 0:50.62	782	5	
5	TEMANE, ANTHONY, , 2005/12/21	TUKS 0:52.00	738	4	
6	DE WET, JADEN, , 2005/06/15	TUKS 0:52.37	727	3	
7	DU TOIT, ANDRIES, , 2006/01/07	MPK 0:52.43	725	2	
8	MUKUROMBINDO, TINASHE MUNYARADZI, , 2005/08/21	ELITE 0:52.87	712	1	
9	TALJAARD, ARNO, , 2006/01/27	32GI 0:52.96	710	0	
10	THOMAS, JERIEL, , 2006/08/12	CURRO 0:53.67	690	0	
11	MAREE, JB, , 2006/10/25	MON 0:54.32	672	0	
12	BLIGNAUT, NATHAN, , 2006/05/15	WTK 0:54.94	656	0	
13	METTLER, XAVIER, , 2006/01/06	LYD 0:56.94	607	0	

Item 115 12:30:00 Final 1 of 3 Men U20 400m

1	BRONKHORST, HANLU, , 2006/04/10	ZWK 0:50.04	802
2	GEZANI, CALVIN, , 2006/01/06	MWC 0:50.21	796
3	BRONKHORST, LUANDRE, , 2006/04/10	ZWK 0:50.62	782
4	DE WET, JADEN, , 2005/06/15	TUKS 0:52.37	727
5	TALJAARD, ARNO, , 2006/01/27	32GI 0:52.96	710
6	METTLER, XAVIER, , 2006/01/06	LYD 0:56.94	607

Item 115 12:30:00 Final 2 of 3 Men U20 400m

1	WALAZA, BAYANDA, , 2006/02/09	CURRO 0:47.96	880
2	TEMANE, ANTHONY, , 2005/12/21	TUKS 0:52.00	738
3	DU TOIT, ANDRIES, , 2006/01/07	MPK 0:52.43	725
4	BLIGNAUT, NATHAN, , 2006/05/15	WTK 0:54.94	656

Item 115 12:30:00 Final 3 of 3 Men U20 400m

1	MUKUROMBINDO, TINASHE MUNYARADZI, , 2005/08/21	ELITE 0:52.87	712
2	THOMAS, JERIEL, , 2006/08/12	CURRO 0:53.67	690



3 MAREE, JB, , 2006/10/25 MON 0:54.32 672

Item 114 12:25:00 Final Women Senior 400m

1	JELE, LYDIA, , 1990/06/22	BOTSW 0:52.72	0	8	G
2	DOUMBE (23), ORANE, , 2004/05/18	ATHL91 0:55.38	0	7	S
3	BUDZANI, NANCY, , 1996/03/26	BOTSW 0:55.55	0	6	B
4	DE WET, SIMONE, , 2003/04/10	TUKS 0:57.43	0	5	

Item 113 12:20:00 Final Results Men Senior 400m

1	LOBO, BENAJMIN, , 1997/09/23	SPARTA 0:46.00	0	8	G
2	ZUZE, LEEFORD, , 2001/04/02	MWC 0:46.13	0	7	S
3	JORDIER, THOMAS, , 1994/08/12	AMIENS 0:46.17	0	6	B
4	NIELSEN, GUSTAV LUNDHOLM, , 1998/08/03	SPARTA 0:46.51	0	5	
5	ŠORM, PATRIK, , 1993/11/21	CZECH 0:46.75	0	4	
6	MUWISHI, GERREN, , 1994/03/19	MWC 0:47.36	0	3	
7	MARIE-JOSEPH, ALEXANDRE, , 2000/03/29	ATHL91 0:47.43	0	2	
8	MQOLO, PHUMZILE ENO, , 2001/04/28	UJ 0:47.75	0	1	
9	PIENAAR, LEON DE VILLIERS, , 1998/05/18	TUKS 0:47.81	0	0	
10	DU PLESSIS, EDMUND, , 2002/04/05	TUKS 0:48.30	0	0	
11	HAMMAN, LEROUX, , 1992/01/06	TUKS 0:48.38	0	0	
12	MOSIME, TISETSO, , 1998/02/17	AGNIND 0:48.51	0	0	
13	TIPI (23), BRENDON TATENDA, , 2004/04/12	ELITE 0:48.85	0	0	
14	SITELELE, ROFHIWA, , 1996/01/03	TUKS 0:49.11	0	0	
15	MUKUCHURA, ELVIS, , 1994/03/15	MWC 0:49.17	0	0	
16	MAWARIRE, JEREMIAH, , 2003/09/19	MWC 0:49.94	0	0	
17	DLAMINI (23), OMNI, , 2002/01/22	MASAI 0:50.39	0	0	
18	MUGADA, MADUVHAHAFANI, , 1999/11/14	BTR 0:50.40	0	0	
19	ZAKWE, BONGANI, , / /	MASAI 0:50.42	0	0	
20	DU PLESSIS, CHRIS, , 2000/05/31	TUKS 0:50.60	0	0	
21	MOSAMEDI, MPHO, , 1994/06/06	VUT 0:50.62	0	0	
22	QUITE, TAWANA MGE, , 1997/10/03	BOTSW 0:50.76	0	0	
23	DU PLESSIS, JASON, , 2000/11/14	TUKS 0:51.37	0	0	
23	PHIRI (23), HUDSON, , 2003/01/15	CURRO 0:51.37	0	0	
25	EMANUELSON (23), ISIAH, , 2002/06/03	NETH 0:51.61	0	0	
26	MAILULA, THABANG VICTOR, , / /	B2R 0:51.73	0	0	
27	MARITZ (23), THEUNS, , 2004/05/05	TUKS 0:52.30	0	0	
28	MEYER, CARL, , / /	B2R 0:52.52	0	0	
29	LEKGAU, JONAS, , 1999/10/23	MASAI 0:52.72	0	0	
30	MATANHIRE, SEAN, , 2004/02/16	MWC 0:55.78	0	0	
31	MATUTU (P), KATLEGO, , 1997/08/14	BOTSW 0:55.92	0	0	
32	RAS (M), MARTIN, , 1982/03/17	PROTEA 1:02.40	0	0	
33	HORUGAVYE (M), ARISTIDE, , 1978/11/13	TUKS 1:06.94	0	0	

Item 113 12:20:00 Final 1 of 6 Men Senior 400m

1	MARIE-JOSEPH, ALEXANDRE, , 2000/03/29	ATHL91 0:47.43	0		
2	DU PLESSIS, CHRIS, , 2000/05/31	TUKS 0:50.60	0		
3	MATUTU (P), KATLEGO, , 1997/08/14	BOTSW 0:55.92	0		
4	RAS (M), MARTIN, , 1982/03/17	PROTEA 1:02.40	0		
5	HORUGAVYE (M), ARISTIDE, , 1978/11/13	TUKS 1:06.94	0		

Item 113 12:20:00 Final 2 of 6 Men Senior 400m

1	ZUZE, LEEFORD, , 2001/04/02	MWC 0:46.13	0		
2	JORDIER, THOMAS, , 1994/08/12	AMIENS 0:46.17	0		
3	TIPI (23), BRENDON TATENDA, , 2004/04/12	ELITE 0:48.85	0		
4	DLAMINI (23), OMNI, , 2002/01/22	MASAI 0:50.39	0		
5	PHIRI (23), HUDSON, , 2003/01/15	CURRO 0:51.37	0		
6	DU PLESSIS, JASON, , 2000/11/14	TUKS 0:51.37	0		

Item 113 12:20:00 Final 3 of 6 Men Senior 400m



1	MUKUCHURA, ELVIS, , 1994/03/15	MWC 0:49.17	0
2	ZAKWE, BONGANI, , / /	MASAI 0:50.42	0
3	MOSAMEDI, MPHO, , 1994/06/06	VUT 0:50.62	0
4	LEKGAU, JONAS, , 1999/10/23	MASAI 0:52.72	0

Item 113 12:20:00 Final 4 of 6 Men Senior 400m

1	ŠORM, PATRIK, , 1993/11/21	CZECH 0:46.75	0
2	PIENAAR, LEON DE VILLIERS, , 1998/05/18	TUKS 0:47.81	0
3	MAWARIRE, JEREMIAH, , 2003/09/19	MWC 0:49.94	0
4	MUGADA, MADUVHAHAFANI, , 1999/11/14	BTR 0:50.40	0
5	MAILULA, THABANG VICTOR, , / /	B2R 0:51.73	0

Item 113 12:20:00 Final 5 of 6 Men Senior 400m

1	MUWISHI, GERREN, , 1994/03/19	MWC 0:47.36	0
2	SITELELE, ROFHIWA, , 1996/01/03	TUKS 0:49.11	0
3	EMANUELSON (23), ISIAH, , 2002/06/03	NETH 0:51.61	0
4	MARITZ (23), THEUNS, , 2004/05/05	TUKS 0:52.30	0
5	MEYER, CARL, , / /	B2R 0:52.52	0
6	MATANHIRE, SEAN, , 2004/02/16	MWC 0:55.78	0

Item 113 12:20:00 Final 6 of 6 Men Senior 400m

1	LOBO, BENAJMIN, , 1997/09/23	SPARTA 0:46.00	0
2	NIELSEN, GUSTAV LUNDHOLM, , 1998/08/03	SPARTA 0:46.51	0
3	MQOLO, PHUMZILE ENO, , 2001/04/28	UJ 0:47.75	0
4	DU PLESSIS, EDMUND, , 2002/04/05	TUKS 0:48.30	0
5	HAMMAN, LEROUX, , 1992/01/06	TUKS 0:48.38	0
6	MOSIME, TISETSO, , 1998/02/17	AGNIND 0:48.51	0
7	QUITE, TAWANA MGE, , 1997/10/03	BOTSW 0:50.76	0

Item 98 11:25:00 Final Results Girls U16 800m

1	VENTER, CHANE, , 2010/02/15	ZWK 2:29.19	768	8	G
2	MADUMO, AZARIAH, , 2010/02/26	MSC 2:32.14	742	7	S
3	VAN DER MERWE, DANIKA, , 2009/09/21	NED 2:33.83	727	6	B
4	LEBIDI, NGOAKWANA, , 2009/04/05	CURRO 2:37.80	696	5	
5	VAN DER MERWE, LECHÉ, , 2010/07/27	MKP1 2:39.36	684	4	
6	COETZEE, SKYLA, , 2009/09/21	WTK 2:43.19	655	3	
7	PRINSLOO, ANÉ, , 2009/07/15	WTK 2:43.22	655	2	
8	MAPHOTO, KGOHATSO, , 2011/02/27	CURRO 2:44.18	648	1	
9	PRETORIUS, LARISSA M, , 2010/04/19	NED 2:45.44	640	0	
10	BOLTON, NATALIE, , 2010/02/26	ZWK 2:48.73	617	0	
11	CHAUKE, PHUMELLO, , 2009/07/17	CURRO 2:51.37	600	0	
12	MLANGENI, PRINCESS NTOKOZO, , 2009/01/14	UITS 2:59.97	549	0	
13	MOKOA, NALEDI ONALERONA, , 2009/10/04	UITS 3:07.43	508	0	
14	MAKWAYIBA, YONGA, , 2009/03/24	CURRO 3:10.67	492	0	

Item 98 11:25:00 Final 1 of 2 Girls U16 800m

1	VAN DER MERWE, DANIKA, , 2009/09/21	NED 2:33.83	727
2	LEBIDI, NGOAKWANA, , 2009/04/05	CURRO 2:37.80	696
3	PRINSLOO, ANÉ, , 2009/07/15	WTK 2:43.22	655
4	PRETORIUS, LARISSA M, , 2010/04/19	NED 2:45.44	640
5	BOLTON, NATALIE, , 2010/02/26	ZWK 2:48.73	617
6	CHAUKE, PHUMELLO, , 2009/07/17	CURRO 2:51.37	600
7	MLANGENI, PRINCESS NTOKOZO, , 2009/01/14	UITS 2:59.97	549

Item 98 11:25:00 Final 2 of 2 Girls U16 800m



1	VENTER, CHANE, , 2010/02/15	ZWK 2:29.19	768		
2	MADUMO, AZARIAH, , 2010/02/26	MSC 2:32.14	742		
3	VAN DER MERWE, LECHÉ, , 2010/07/27	MKP1 2:39.36	684		
4	COETZEE, SKYLA, , 2009/09/21	WTK 2:43.19	655		
5	MAPHOTO, KGO THATSO, , 2011/02/27	CURRO 2:44.18	648		
6	MOKOA, NALEDI ONALERONA, , 2009/10/04	UITS 3:07.43	508		
7	MAKWAYIBA, YONGA, , 2009/03/24	CURRO 3:10.67	492		

Item 97 11:20:00 Final Boys U16 800m

1	DLADLA, SIYANDA, , 2009/01/06	PBHS 2:08.30	614	8	G
2	LEKGADIMANE, TSHEETSO, , 2009/06/19	PBHS 2:08.36	613	7	S
3	ERASMUS, SCHALK, , 2009/02/16	MON 2:09.00	602	6	B
4	LABUSCHAGNE, RIAAN, , 2010/01/05	MSC 2:17.21	476	5	
5	SLABBERT, DANTE, , 2009/09/07	MPK 2:17.73	469	4	
6	MEADON, WALDO, , 2010/05/21	WILL 2:21.71	416	3	
7	VAN DER WESTHUIZEN, GEORGE, , 2009/06/26	WTK 2:22.27	409	2	
8	BESTER, STIAN, , / /	PBHS 2:22.56	405	1	
9	SCHMIDT, ELIAS, , 2009/06/30	FFA 2:22.67	404	0	
10	PRETORIUS, FRANCO, , 2009/09/22	MAGN 2:28.82	331	0	

Item 96 11:15:00 Final Women U18 800m

1	DE WAAL, LUCA, , 2007/08/19	ZWK 2:20.77	837	8	G
2	NIEMANN, KAYLEN, , 2008/07/15	MON 2:22.44	819	7	S
3	NEL, SIONÉ, , 2008/01/28	MON 2:30.46	744	6	B
4	ACKERMAN, CARLA, , 2007/06/24	WTK 2:31.99	730	5	
5	SCHUTTE, HAILEY, , 2008/09/15	32GI 2:32.08	730	4	
6	VERMEULEN, DANIKA, , 2008/02/04	WTK 2:38.70	677	3	
7	ADENDORFF, SHANNON, , 2007/03/30	32GI 2:41.10	659	2	
8	DE BEER, DEONE, , / /	ZWK 2:45.69	627	1	
9	VAN HOVEN, RUT, , 2008/11/04	WTK 2:46.24	623	0	
10	ERNST, LINELL ELZE, , 2008/12/26	WTK 2:50.87	593	0	
11	HONEYMAN, CHELSEA, , / /	ZWK 2:51.21	591	0	

Item 89 11:10:00 Final Men U18 800m

1	VREY, NICHOLAS, , / /	AGNIND 1:56.68	800	8	G
2	VIVIERS, RUANDRE, ,	NED 2:03.85	646	7	S
3	MARUMA, LEEMA, , 2007/06/21	PBHS 2:06.24	603	6	B
4	CHECHA, NEO, , 2007/08/27	MASAI 2:06.96	590	5	
5	MARAIS, DIAN, , 2007/11/13	SOLD 2:07.23	585	4	
6	SCHOOMBEE, GORDON, , 2007/12/02	MON 2:07.37	583	3	
7	VAN GREUNEN, RYAN, , 2006/08/29	WON 2:09.69	545	2	
8	JANSE VAN RENSBURG, ARMAND, , 2007/06/19	BRITS 2:10.27	536	1	
9	BECKER, DIAN, , 2007/11/15	32GI 2:13.64	485	0	
10	MOTAUNG, MOABI, , 2007/09/08	DAN 2:20.41	394	0	
11	JONATHAN, LEUNGO, , 2007/07/05	SUTH 2:22.11	373	0	
12	SELOMO, ORATILE, , 2008/05/02	DAN 2:23.08	361	0	
13	FICK, CONNOR, , 2008/08/31	WTK 2:24.08	349	0	
14	SOKUPA, CWENGA, , 2002/07/20	STA 2:35.05	232	0	

Item 76 11:05:00 Final Women U20 800m

1	BOTHA, CHARISSA, , 2005/03/15	ZWK 2:15.41	895	8	G
2	DIMOND, MARLI, , 2006/04/22	NED 2:17.26	873	7	S
3	VAN DER LINDE, MARLENE, , 2005/01/19	GRF 2:23.79	802	6	B
4	COERTZE, JACKIE, , 2006/01/03	BOX 2:33.76	713	5	
5	SMIT, LIANÉ, , 2006/01/06	BOX 2:48.39	606	4	

Item 75 11:00:00 Final Results Men U20 800m



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1	VREY, NICOLAS, , 2006/09/04	NED	1:56.68	742	8	G
2	NTJANA, TSHEGOFATSO, , 2005/01/26	IKHO	2:00.58	660	7	S
3	SHIRINDI, JOHANNES, , 2005/01/19	IKHO	2:01.64	639	6	B
4	METTLER, XAVIER, , 2006/01/06	LYD	2:02.67	620	5	
5	PIETERS, ANDRE, , 2005/06/02	TUKS	2:02.92	616	4	
6	RAMAPHAKELA, REATLEGILE, , 2006/09/19	DAN	2:05.71	567	3	
7	KEKANA, KATLEGO, , 2005/12/24	DAN	2:09.63	504	2	
8	KHARIBE, WANDILE, , 2006/04/05	PBHS	2:09.94	499	1	
9	SLABBERT, JACQUES, , 2006/02/20	WTK	2:10.63	489	0	
10	NEL, REINHARDT, , 2006/03/14	AGNIND	2:11.04	483	0	
11	KHARIBE, ANDILE, , 2006/04/05	PBHS	2:11.24	480	0	
12	SEEMELA, MPH, , 2006/08/11	PBHS	2:15.14	425	0	

Item 75 11:00: Final 1 of 2 Men U20 800m

1	SHIRINDI, JOHANNES, , 2005/01/19	IKHO	2:01.64	639		
2	METTLER, XAVIER, , 2006/01/06	LYD	2:02.67	620		
3	RAMAPHAKELA, REATLEGILE, , 2006/09/19	DAN	2:05.71	567		
4	KHARIBE, WANDILE, , 2006/04/05	PBHS	2:09.94	499		
5	SLABBERT, JACQUES, , 2006/02/20	WTK	2:10.63	489		
6	KHARIBE, ANDILE, , 2006/04/05	PBHS	2:11.24	480		

Item 75 11:00: Final 2 of 2 Men U20 800m

1	VREY, NICOLAS, , 2006/09/04	NED	1:56.68	742		
2	NTJANA, TSHEGOFATSO, , 2005/01/26	IKHO	2:00.58	660		
3	PIETERS, ANDRE, , 2005/06/02	TUKS	2:02.92	616		
4	KEKANA, KATLEGO, , 2005/12/24	DAN	2:09.63	504		
5	NEL, REINHARDT, , 2006/03/14	AGNIND	2:11.04	483		
6	SEEMELA, MPH, , 2006/08/11	PBHS	2:15.14	425		

Item 74 10:55: Final Women Senior 800m

1	MAKHUBELA (23), BONOLO, , 2002/06/23	NIXON	2:42.84	0	8	G
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Item 73 10:50: Final Men Senior 800m

1	DU PLESSIS, CHRIS, , 2000/05/31	TUKS	1:54.22	0	8	G
2	VLOK (23), DIVAN, , 2004/02/20	TUKS	2:00.68	0	7	S
3	NKOSI (23), SITHEMBISO HOPEWELL, , 2024/01/14	TUKS	2:02.42	0	6	B
4	NDHLOVU, SIPHO, , 2000/12/19	NIXON	2:03.11	0	5	
5	BUCARIZZA, MARKO, , 1988/12/22	B2R	2:03.20	0	4	
6	KRETZINGER, DALE, , 1986/09/30	WAND	2:05.01	0	3	
7	MARSHALL, RYAN, , 2000/11/14	TUKS	2:07.52	0	2	
8	SKOSANA, NTUTHUKO, , 2000/01/11	AGNIND	2:13.08	0	1	
9	GROENEWALD (M), RUPERT, , 1973/09/30	TEAMV	2:19.23	0	0	
10	BARNARD (M), CHRISTIAAN, , 1986/06/20	TUKS	2:20.93	0	0	
11	COETZEE (M), PEDRI, , 1966/11/23	WTK	2:24.12	0	0	
12	VAN DER MERWE (M), JACO, , 1977/05/26	NED	2:53.85	0	0	

Item 53 09:35: Final Girls U16 1500m

1	DEKKER, MINKE, , 2009/02/09	BOX	04:35.53	910	8	G
2	VAN SCHALKWYK, JANA, , 2009/05/29	BOX	04:48.61	835	7	S
3	VENTER, CHANE, , 2010/02/15	ZWK	05:02.95	766	6	B
4	FOUCHÉ, MIAH, , 2010/11/18	MON	05:07.18	747	5	
5	MARX, MICHEALA, , 2009/12/09	MPK	05:12.40	725	4	
6	STEYNBERG, ANNEKE, , 2010/04/26	MKP1	05:24.05	680	3	
7	COETZEE, SKYLA, , 2009/09/21	WTK	05:42.72	615	2	
8	BOLTON, NATALIE, , 2010/02/26	ZWK	05:44.91	608	1	
9	MAPHOTO, KGO THATSO, , 2011/02/27	CURRO	05:46.19	604	0	
10	MARSHALL, JAIME, , 2009/11/15	OMAK	05:48.20	598	0	



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11	MLANGENI, PRINCESS NTOKOZO, , 2009/01/14	UITS	05:59.65	564	0	
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Item 51 09:25:00 Final Boys U16 1500m

1	MALUNGANE, TISETSO, , 2010/01/15	CURRO	04:14.41	856	8	G
2	VISAGIE, JEAN ANDRÉ, , 2010/05/03	ZWK	04:14.91	852	7	S
3	BESTER, HANNO, , 2009/01/01	ZWK	04:22.12	803	6	B
4	MONTSHO, NEO, , 2009/03/25	MON	04:26.67	774	5	
5	SCHEEPERS, CONRAD, , 2009/09/16	ZWK	04:27.79	768	4	
6	KIELBLOCK, EWAN, , 2009/01/14	ZWK	04:28.15	765	3	
7	BRITS, CHRISTIAAN, , 2010/06/30	MON	04:28.61	763	2	
8	BESTER, FC, , 2009/06/26	PBHS	04:43.86	680	1	
9	BLOM, ERWEE, , 2009/03/26	MPK	04:50.59	647	0	
10	SLABBERT, DANTE, , 2009/09/07	MPK	04:52.12	640	0	
11	MEADON, WALDO, , 2010/05/21	WILL	04:55.32	626	0	
12	VAN DER WESTHUIZEN, GEORGE, , 2009/06/26	WTK	04:55.56	625	0	
13	BEESLAAR, JAN-DANIEL, , 2009/01/15	ZWK	04:58.46	612	0	
14	GROENEWALD, RUPERT, , 2009/02/10	MSC	05:04.80	585	0	
15	BENADE, CHRITIAAN, , / /	ZWK	05:11.76	557	0	
16	DIBELA, GONTSE, , 2010/09/07	AGNIND	05:13.22	551	0	
17	PRETORIUS, FRANCO, , 2009/09/22	MAGN	05:15.66	542	0	
18	MASHUPYE, ORATILE, , 2009/04/30	MASAI	05:22.73	516	0	

Item 54 09:35:00 Final Women U18 1500m

1	DE WAAL, LUCA, , 2007/08/19	ZWK	04:35.55	883	8	G
2	SCHWULST, RACHEL, , 2008/08/29	MPK	04:43.38	839	7	S
3	VAN ROOYEN, KAITLYN, , 2008/08/18	MKP1	05:00.84	754	6	B
4	BOUWER, NAIDENE, , 2007/04/13	MPK	05:20.24	675	5	
5	KUPERUS, ELSMARI, , 2008/06/23	WTK	05:21.34	671	4	
6	ADENDORFF, SHANNON, , 2007/03/30	32GI	05:28.28	646	3	
7	NGWENYA, VANESSA, , 2008/09/29	MASAI	05:30.41	639	2	
8	PRETORIUS, LINEY S, , 2007/10/06	NED	05:35.63	621	1	
9	MODUNGWA, LEBOGANG, , 2007/02/10	IKHO	05:42.39	599	0	
10	HONEYMAN, CHELSEA, , / /	ZWK	05:42.89	598	0	
11	DE BEER, DEONE, , / /	ZWK	05:43.65	595	0	
12	ROOS, GABI, , 2008/10/07	ZWK	05:44.61	592	0	
13	VAN HOVEN, RUT, , 2008/11/04	WTK	05:46.49	587	0	
14	PHIRI, SMANGALISO, , 2007/09/11	MASAI	06:23.19	485	0	

Item 52 09:25:00 Final Men U18 1500m

1	BRITS, MARCEL, , 2007/04/12	MON	04:04.05	894	8	G
2	SCHEEPERS, FRANCOIS, , 2007/08/20	ZWK	04:05.59	882	7	S
3	MBELEKI, SIYA, , 2007/09/20	CURRO	04:05.89	879	6	B
4	RAATH, DANTE, , 2007/01/10	MPK	04:06.13	877	5	
5	WILLIAMSON, SCOTT, , 2008/07/28	PROTEA	04:08.88	856	4	
6	LOURENS, EWAN, , 2007/01/30	MKP1	04:11.13	840	3	
7	NOLTE, WIAN, , 2007/11/02	WTK	04:11.38	838	2	
8	MARITZ, JM, , 2008/04/24	BOX	04:17.07	799	1	
9	KOEN, LUAN, , 2007/08/21	MKP1	04:20.59	777	0	
10	CONTE, FRANCESCO, , 2008/03/25	ZWK	04:21.80	769	0	
11	BECKER, DIAN, , 2007/11/15	32GI	04:27.24	737	0	
12	TIBANA, ZECA, , 2008/01/28	CURRO	04:27.94	733	0	
13	MARAIS, DIAN, , 2007/11/13	SOLD	04:28.54	730	0	
14	SCHOOMBEE, GORDON, , 2007/12/02	MON	04:31.36	714	0	
15	BREYTENBACH, WALDO, , 2008/04/11	MSC	04:34.79	696	0	
16	COETZEE, HEINRICH, , 2007/09/05	BOX	04:38.61	676	0	
17	RAPHELA, BOIKARABELO, , 2008/06/17	CURRO	04:39.39	672	0	



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18	VIVIERS, RUANDRE, ,	NED	04:45.02	644	0
19	MORAPEDI, TSHWARELO, , 2008/01/31	MASAI	04:47.48	633	0
20	VENTER, LOUIS-CHRISTO, , / /	ELD	04:50.02	621	0
21	NYATDINE, MUDIWA, , 2008/03/06	MASAI	05:05.41	556	0
22	CHECHA, MIEHLEKETO, , 2008/07/20	MASAI	05:10.00	538	0
23	NDLOVU, KEARABETSWE, , 2007/09/18	MASAI	05:30.00	466	0

Item 49 09:15:00 Final Women U20 1500m

1	RADEBE, PABALLO, , 2005/04/18	CURRO	04:45.91	817	8	G
2	DIMOND, MARLI, , 2006/04/22	NED	04:47.55	808	7	S
3	PIENAAR, JASMEN, , 2007/06/26	MON	04:59.51	752	6	B
4	JORDAAN, SHANIKE, , 2005/11/30	ZWK	05:08.28	715	5	
5	VERSCHOOR, STEPHANIE, , 2006/01/23	BOX	05:11.38	702	4	
6	KOMANE, NTHABISENG, , 2005/03/17	DAN	05:50.31	569	3	
7	VILJOEN, CHARLENE, , 2006/10/19	SOLD	05:51.00	567	2	

Item 47 09:05:00 Final Men U20 1500m

1	BURNETT, MATTHEW, , / /	BOX	04:01.07	877	8	G
2	COETZER, RICO, , 2007/06/04	BOX	04:01.26	876	7	S
3	TIMATI, LUTHO, , 2006/01/30	CURRO	04:06.20	838	6	B
4	VAN DER LEEK, XAVIER, , 2006/07/21	BOX	04:06.86	834	5	
5	BRONKHORST, LUANDRE, , 2006/04/10	ZWK	04:07.33	830	4	
6	VISAGIE, FRANCOIS, , 2006/10/06	ZWK	04:09.38	816	3	
7	DE WET, JADEN, , 2005/06/15	TUKS	04:11.25	803	2	
8	NGOBENI, INNOCENT, , 2005/01/14	MRPR	04:12.79	793	1	
9	BRONKHORST, HANLU, , 2006/04/10	ZWK	04:13.15	790	0	
10	MARAIS, LUCAS JOHANNES (LUAN), , 2006/04/08	BERG	04:16.33	770	0	
11	MEKO, RETHABILE, , 2006/01/12	CURRO	04:17.97	760	0	
12	MAKHUNDU, BOIKETLO, , 2006/08/15	MASAI	04:19.38	751	0	
13	SHIRINDI, JOHANNES, , 2005/01/19	IKHO	04:21.44	739	0	
14	NTJANA, TSHEGOFATSO, , 2005/01/26	IKHO	04:22.18	734	0	
15	XABA, MTHOKOZISI, , 2006/07/30	SASOL	04:31.80	681	0	
16	GROENEWALD, ZANDER, , 2006/02/09	BOX	04:42.32	629	0	
17	ERASMUS, JUANDRE, , 2006/11/14	MON	04:45.11	616	0	
18	MOPHUTHANE, BOITUMELO, , 2006/07/20	MASAI	04:45.28	615	0	

Item 50 09:15:00 Final Women Senior 1500m

1	WEITZ, SIMONAY, , / /	ASA	04:29.08	0	8	G
2	VERSTER, DANIELLE, , 2003/08/21	NWU	04:32.98	0	7	S
3	REDELINGHUY, MICHELLE, , 1995/12/10	BOX	05:09.20	0	6	B
4	BOTHA (M), SIMONÉ, , 1981/12/01	BOX	05:37.43	0	5	
5	MORULANE (23), SEEMOLA, , 2004/12/08	TUKS	05:48.47	0	4	
6	SCHUSTER (M), ELZETTE, , 1981/09/10	MON	07:31.45	0	3	

Item 48 09:05:00 Final Men Senior 1500m

1	SWART, CHRISTOPHER, , 2000/04/19	NWU	03:41.04	0	8	G
2	MASALELA, TSHEPISO, , 1999/05/25	AGNIND	03:44.24	0	7	S
3	VAN DER MERWE, NIEL, , 2003/12/04	BOX	03:44.78	0	6	B
4	MOTLHAMME, BOIKANYO, ,	ASA	03:48.91	0	5	
5	DU PLESSIS, EDMUND, , 2002/04/05	TUKS	04:01.45	0	4	
6	BUCARIZZA, MARKO, , 1988/12/22	B2R	04:02.78	0	3	
7	DEYSEL, ALDEN, , 2000/05/11	BOX	04:05.55	0	2	
8	NKOSI (23), SITHEMBISO HOPEWELL, , 2024/01/14	TUKS	04:14.37	0	1	
9	VAN ANTWERPEN (23), JASON, , 2003/07/17	TUKS	04:21.41	0	0	
10	KAMFFER (M), HEINRICH, , 1993/09/02	TUKS	04:22.32	0	0	



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11	ENSLIN, HENRY, , 1998/09/12	TUKS 04:25.01	0	0
12	NDHLOVU, SIPHO, , 2000/12/19	NIXON 04:28.38	0	0
13	MATJILA, MPH, , / /	AGNIND 04:35.71	0	0
14	MARITZ (23), THEUNS, , 2004/05/05	TUKS 04:44.75	0	0
15	COETZEE (M), PEDRI, , 1966/11/23	WTK 04:56.79	0	0
16	MOKGOTSI, THABISO, , / /	AGNIND 05:01.78	0	0
17	MABENA, JOHNNY, , 1981/06/25	MASAI 05:41.40	0	0
18	DE BRUYN (M), EGBERT, , 1957/06/22	LOW 07:45.98	0	0

Item 4 07:30:00 Final Women U20 5000m

1	DEKKER, LI-MARI, ,	ASA 17:57.80	872	8	G
2	DIKAO, OMAATLA, , 2007/12/17	TUKS 17:59.80	870	7	S
3	VAN DER MERWE, LARA, ,	ASA 18:03.30	867	6	B
4	DLOTHI, PABALLO, ,	ASA 18:05.60	865	5	
5	COETZEE, ELANDRI, , 2009/03/18	WTK 18:16.40	855	4	
6	SEMENYA, PHETOGO, , / /	AGNIND 18:29.40	844	3	
7	SCHOEMAN, WIEPKE, , 2006/06/29	BOX 18:48.60	829	2	
8	MCETYWA, ANOXOLO, ,	ASA 19:04.80	816	1	
9	JORDAAN, MART-MARIE, , 2006/03/16	BOX 19:08.80	813	0	
10	DE JAGER, LIZE, ,	ASA 19:09.70	812	0	
11	GROENEWALD, CHANEL, , 2009/11/04	BOX 19:17.40	807	0	
12	FERREIRA, DANTE, , 2006/06/23	AHM 19:35.10	794	0	
13	SMITH, LUHANE, , / /	ELD 19:53.40	780	0	
14	NDALA, TINYIKO, , 2005/07/27	CURRO 20:01.90	775	0	

Item 3 07:30:00 Final Men U20 5000m

1	DE FOUW, CORNÉ, , 2005/05/05	BOX 14:37.96	980	8	G
2	MNISI, MUSAWENKOSI, ,	ASA 14:38.06	980	7	S
3	LEIJENAAR, RICO, , 2005/05/25	PTC 14:39.58	977	6	B
4	PHEKO, ZANZILE, ,	ASA 14:55.47	949	5	
5	MOREPE, JOHANNES, ,	ASA 15:17.97	912	4	
6	THOABALA, TSEKO, ,	ASA 15:23.52	903	3	
7	SMITH, REALEBOGA, ,	ASA 15:31.18	892	2	
8	VISAGIE, FRANCOIS, , 2006/10/06	ZWK 15:36.43	884	1	
9	ROELOFSE, JOHANN, , 2006/03/20	BOX 15:37.28	883	0	
10	SEDISE, TSEPO, , 2005/09/04	DAN 15:42.66	875	0	
11	BREYTENBACH, JUAN, , 2006/09/08	BOX 15:55.04	857	0	
12	MONTSHO, NEO, , 2009/03/25	MON 15:57.79	853	0	
13	KEET, HIRO, , 2006/05/23	PBHS 16:14.94	831	0	
14	STOLTZ, LEON, , 2008/04/15	BOX 16:20.25	824	0	
15	GROENEWALD, ZANDER, , 2006/02/09	BOX 16:33.39	808	0	
16	COETZEE, REON, , 2008/03/06	WTK 16:53.15	784	0	

Item 1 07:30:00 Final Women Senior 5000m

1	XABA, GLENROSE, ,	ASA 15:56.10	0	8	G
2	SOSIBO, CACISILE, ,	ASA 16:27.40	0	7	S
3	MAILULA, KARABO, ,	ASA 16:50.00	0	6	B
4	TALJAARD (23), ZANTHE, , 2003/10/20	32GI 18:23.40	0	5	
5	SIKISI (23), NATASHA, , 2002/09/19	FPN 18:55.50	0	4	
6	BOTHA (M), SIMONÉ, , 1981/12/01	BOX 20:03.50	0	3	
7	KOSTER (M), INGRID, , 1971/12/13	NED 21:03.90	0	2	
8	DE BRUYN (M), LINDA, , 1965/10/02	LOW 27:45.30	0	1	

Item 2 07:30:00 Final Men Senior 5000m

1	TSHITE, TSHEPO, , 1997/01/15	EXCEL 14:26.05	0	8	G
2	SESEDI, ANDRIES, ,	ASA 14:27.65	0	7	S
3	MULAUDZI, KABELO, ,	ASA 14:34.49	0	6	B



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4	MHLANGA, CHRIS, ,	ASA	14:35.33	0	5
5	SLINGER, IAN, ,	ASA	14:37.28	0	4
6	LEETO, MATTHEWS, ,	ASA	14:38.82	0	3
7	SELOYI, BENNET, ,	ASA	14:45.14	0	2
8	MABENA (23), TSHEPO, , 2003/06/11	IKHO	14:52.57	0	1
9	CHOBAN (23), ABEDNICO, , 2002/07/02	TUKS	14:54.54	0	0
10	SELOKELA, OLEBOGILE, , 1999/07/02	DAN	15:01.56	0	0
11	NOGCANTSI, KWAZI, , 2000/01/17	TUKS	15:24.94	0	0
12	TSHOBA (23), VUYISO, , 2004/12/03	IKHO	15:30.91	0	0
13	VENTER, ANDRÉ, , 1992/11/13	32GI	15:38.30	0	0
14	LEBALLO, KEA, , / /	AGNIND	16:32.74	0	0
15	JOUBERT (M), GIDEON, , 1972/02/17	ALPHA	18:41.50	0	0
16	LETHLAKU (M), MOSES, , 1964/09/19	DEP	19:17.40	0	0
17	STOLTZ, LEON, , 2008/04/15	BOX	19:26.10	0	0
18	SCHMELZER (M), WARREN, , 1954/08/05	HPB	19:34.60	0	0
19	DEKKER (M), NICK, , 1977/12/28	BOX	19:35.70	0	0

Item 141 14:05:00 Final Girls U16 1500m SteepleChase

1	VAN DEN BERG, CARMIA, , / /	MSC	05:34.34	0	8	G
2	VAN DER MERWE, ISABELLA, , 2010/01/29	MPK	05:34.35	0	7	S
3	LOURENS, ZANTA, , 2010/05/02	MKP1	05:39.82	0	6	B
4	SLABBERT, VEANI, , 2009/03/09	ZWK	05:42.50	0	5	
5	VISSER, KAYLIN, , 2009/11/20	ZWK	05:49.76	0	4	

Item 142 14:13:00 Final Boys U16 1500m SteepleChase

76.2cm

1	LEKGADIMANE, TSHEETSO, , 2009/06/19	PBHS	05:01.08	860	8	G
2	JOUBERT, HENCO, , 2009/06/12	ZWK	05:06.23	838	7	S
3	GRUENENFELDER, STIAAN, , 2008/08/07	ZWK	05:07.86	832	6	B
4	GABA, BHEKUMUZI, , 2010/06/16	SASOL	05:21.49	781	5	
5	GRUENENFELDER, UGHU, , 2009/06/16	ZWK	05:42.34	713	4	
6	VIVIER, JAMES, , 2010/10/25	FPN	06:30.79	588	3	

Item 143 14:21:00 Final Women U18 2000m SteepleChase

1	LE ROUX, ELIZMA, , 2007/11/19	ZWK	07:10.54	0	8	G
2	MORELAND, NATALIE, , 2008/12/16	OVK	07:49.06	0	7	S
3	MALE, JANÉ, , 2007/04/20	MSC	08:16.93	0	6	B
4	VIVIER, EZMARELDA, , 2007/07/23	FPN	08:40.31	0	5	
5	KUPERUS, ELSMARI, , 2008/06/23	WTK	08:44.25	0	4	
6	YOUNG, ZANTÉ, , 2008/12/09	PROTEA	08:59.58	0	3	

Item 144 14:29:00 Final Men U18 2000m SteepleChase

83.8cm

1	STOLTZ, LEON, , 2008/04/15	BOX	06:35.30	830	8	G
2	FOURIE, DéAN, , 2007/10/04	MSC	06:54.11	776	7	S
3	MOKONYANE, IRISH, , / /	AGNIND	06:58.65	764	6	B
4	ESTERHUIZEN, DANIEL, , 2008/01/16	BOX	07:04.67	748	5	
5	PIENAAR, ANDRE, , 2007/10/30	PROTEA	07:17.72	716	4	
6	VENTER, LOUIS-CHRISTO, , / /	ELD	07:21.58	707	3	
7	COETZEE, HEINRICH, , 2007/09/05	BOX	07:39.60	668	2	
8	JONATHAN, LEUNGO, , 2007/07/05	SUTH	07:46.53	653	1	

Item 145 14:40:00 Final Women U20 3000m SteepleChase

76.2cm

1	SNYMAN, SUNÉ, , 2005/09/22	HOEK	12:30.42	784	8	G
2	ESTERHUIZEN, CARA, , 2006/09/04	BOX	15:20.86	638	7	S

Item 147 14:55:00 Final Men U20 3000m SteepleChase

91.4cm

1	DE BEER, NAAS, , 2006/03/16	MON	11:35.98	797	8	G
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Item 146 14:40:00 Final Women Senior 3000m SteepleChase



1	SCHEFFER, LEILANI, , 1983/05/23	RUNW	11:41.01	0	8	G
2	REITZ, MARELIZE, , / /	BOX	14:17.60	0	7	S

Item 148 14:55:00 Final Men Senior 3000m SteepleChase

1	MOTAUNG (23), PONTSHO, , 2004/01/26	DAN	11:04.79	0	8	G
2	KRUGER (23), REECE, , 2004/09/13	TUKS	11:33.06	0	7	S
3	MOKWEBO, JUNIOR, , / /	AGNIND	11:35.96	0	6	B
4	KHUMALO, SPHAMANDLA, , / /	MED	13:07.23	0	5	
5	REITZ (23), DAWIE, , 2003/02/18	BOX	14:12.35	0	4	

Item 106 12:10:00 Final Results Girls U16 90m Hurdles

76.2cm

1	NIEMAN, MEGAN, , 2009/01/12	MKP1	13.13	948	8	G
2	DELL, KIARAH, , 2010/03/17	ZWK	13.29	932	7	S
3	VAN DER POLL, LARA, , 2010/04/26	ZWK	14.14	856	6	B
4	GUNTER, ISABELLA, , 2009/02/06	MON	14.48	829	5	
5	VAN DER MERWE, AME, , 2009/09/08	WTK	15.01	791	4	
6	VAN WYK, VERONIQUE, , 2010/01/12	OMAK	15.97	730	3	
7	SWART, QUINET, , 2009/06/01	ERM	16.62	693	2	
8	IVANOV, OLGA, , 2009/09/07	WTK	18.34	609	1	

Item 106 12:10:00 Final 1 of 2 Girls U16 90m Hurdles

0.6 76.2cm

1	NIEMAN, MEGAN, , 2009/01/12	MKP1	13.13	948		
2	DELL, KIARAH, , 2010/03/17	ZWK	13.29	932		
3	VAN DER MERWE, AME, , 2009/09/08	WTK	15.01	791		
4	SWART, QUINET, , 2009/06/01	ERM	16.62	693		
5	IVANOV, OLGA, , 2009/09/07	WTK	18.34	609		

Item 106 12:10:00 Final 2 of 2 Girls U16 90m Hurdles

-0.5 76.2cm

1	VAN DER POLL, LARA, , 2010/04/26	ZWK	14.14	856		
2	GUNTER, ISABELLA, , 2009/02/06	MON	14.48	829		
3	VAN WYK, VERONIQUE, , 2010/01/12	OMAK	15.97	730		

Item 102 11:50:00 Final Boys U16 100m Hurdles

-0.2 84cm

1	GRIESEL, ALEXANDER, , 2009/02/12	WTK	13.40	887	8	G
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Item 105 12:05:00 Final Women U18 100m Hurdles

0.1 76.2cm

1	RAMOKGOPA, TUMI, , 2007/08/27	PRC	13.99	911	8	G
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Item 104 12:00:00 Final Women U20 100m Hurdles

-1.9 84cm

1	LOUW, ROLINE, , 2005/04/14	TUKS	14.95	850	8	G
2	DE JAGER, ANGELIQUE, , 2005/07/04	NHW	15.68	798	7	S

Item 103 11:55:00 Final Women Senior 100m Hurdles

-2.2

1	JORDAAN, MARTELIZE, , 1999/06/09	NED	13.76	0	8	G
2	KOK (23), CHANE, , 2004/08/16	TUKS	14.13	0	7	S
3	VLASMAN (23), MIRO, , 2004/07/08	NETH	14.30	0	6	B
4	GUAMBE, CECILIA FRANCISCO, , 2000/02/01	MATC	14.39	0	5	
5	BRONKHORST (23), CARA, , 2004/12/26	TUKS	15.44	0	4	
6	ROBSON, YVONNE, , 1999/09/12	TUKS	16.05	0	3	

Item 101 11:45:00 Final Men U18 110m Hurdles

0.9 91.4cm

1	NIEMAN, NICOLAS, , 2007/03/06	MPK	14.71	835	8	G
2	FRONEMAN, CA, , 2007/03/08	MSC	15.42	773	7	S
3	LUCAS, CONRAD, , / /	WTK	15.61	758	6	B

Item 100 11:40:00 Final Men U20 110m Hurdles

0.3 99.5cm

1	BEYERS, REINHARDT, , 2006/01/10	ZWK	14.75	847	8	G
2	GRIESEL, WALDEMAR, , 2006/11/30	WTK	15.77	759	7	S

Item 99 11:35:00 Final Men Senior 110m Hurdles

0.2



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1	SESAY (23), JAMIE, , 2004/07/08	NETH	14.36	0	8	G
2	VAN DER WALT, ERIC, , 1999/02/10	NED	14.77	0	7	S

Item 36 09:00: Final Results Girls U16 300m Hurdles 76.2cm

1	BOUWER, KARLA, , 2009/03/11	GRF	44.87	888	8	G
2	GUNTER, ISABELLA, , 2009/02/06	MON	45.02	884	7	S
3	VAN DER ENDE, RUVÉ, , 2009/01/23	MPK	47.78	821	6	B
4	BREWIS, BIANCA, , 2009/01/26	WTK	49.46	787	5	
5	KIRKPATRICK, JANELLE, , 2010/07/23	MPK	50.13	774	4	
6	PRETORIUS, ANRI, , 2009/04/21	MSC	50.37	770	3	
7	VAN DER POLL, LARA, , 2010/04/26	ZWK	50.42	769	2	
8	LOURENS, ZANTA, , 2010/05/02	MKP1	54.63	698	1	
9	SWART, QUINET, , 2009/06/01	ERM	55.21	689	0	
10	PRINSLOO, ANÉ, , 2009/07/15	WTK	56.20	674	0	

Item 36 09:00: Final 1 of 2 Girls U16 300m Hurdles 76.2cm

1	GUNTER, ISABELLA, , 2009/02/06	MON	45.02	884		
2	VAN DER POLL, LARA, , 2010/04/26	ZWK	50.42	769		
3	SWART, QUINET, , 2009/06/01	ERM	55.21	689		
4	PRINSLOO, ANÉ, , 2009/07/15	WTK	56.20	674		

Item 36 09:00: Final 2 of 2 Girls U16 300m Hurdles 76.2cm

1	BOUWER, KARLA, , 2009/03/11	GRF	44.87	888		
2	VAN DER ENDE, RUVÉ, , 2009/01/23	MPK	47.78	821		
3	BREWIS, BIANCA, , 2009/01/26	WTK	49.46	787		
4	KIRKPATRICK, JANELLE, , 2010/07/23	MPK	50.13	774		
5	PRETORIUS, ANRI, , 2009/04/21	MSC	50.37	770		
6	LOURENS, ZANTA, , 2010/05/02	MKP1	54.63	698		

Item 32 08:40: Final Boys U16 300m Hurdles 84cm

1	LABUSCHAGNE, RUBEN, , 2009/02/12	WTK	42.23	672	8	G
2	LUCAS, REGARDT, , / /	WTK	42.25	671	7	S

Item 35 08:55: Final Women U18 400m Hurdles 76.2cm

1	VAN JAARVELD, SHANIQUE KATHLEEN, , 2007/05/08	GRF	1:09.79	799	8	G
2	MOKHABELA, AMALA, , 2007/07/08	SUTH	1:20.90	668	7	S

Item 31 08:35: Final Men U18 400m Hurdles 84cm

1	FRONEMAN, CA, , 2007/03/08	MSC	0:57.38	728	8	G
2	VAN DE GIESSEN, ANTON, , 2007/04/07	ZWK	1:00.08	644	7	S
3	LUCAS, CONRAD(1), , / /	WTK	1:00.96	619	6	B

Item 34 08:50: Final Women U20 400m Hurdles 76.2cm

1	BREEDT, LU CHELLE, , 2006/04/07	BOX	1:04.07	875	8	G
2	DE JAGER, ANGELIQUE, , 2005/07/04	NHW	1:09.15	796	7	S
3	LE ROUX, MIJEANNE, , 2006/02/19	WTK	1:10.46	778	6	B

Item 30 08:30: Final Men U20 400m Hurdles 91.4cm

1	MUSSACATE, EDIO SEBASTIÃO ALFREDO, , 2005/05/01	MOZ	0:53.09	928	8	G
2	BERNING, TYRONE, , 2006/01/17	ERM	0:53.94	887	7	S
3	HATTINGH, JUSTIN, , 2005/07/03	MSC	0:57.60	743	6	B

Item 33 08:45: Final Women Senior 400m Hurdles

Item 29 08:25: Final Men Senior 400m Hurdles

1	KRUGER (23), VAN REENEN, , 2003/03/20	TUKS	0:52.66	0	8	G
2	BWALYA (23), FORTUNE, , 2003/08/22	BLUE	0:53.09	0	7	S



3	KITSHOFF, JEAN-PIERRE, , 1991/09/02	TUKS 0:58.37	0	6	B
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Item 57 10:00: Final Girls U16 HighJump

1	MULLER, MIA, , 2009/04/23	AHM 1.60	790	8	G
2	ROBINSON, LYLA, , 2010/09/04	MPK 1.50	660	7	S

Item 37 09:00: Final Boys U16 HighJump

1	SMITH, TAELYN, , 2008/02/13	MPK 2.00	980	8	G
2	DU BOIS, WALTER, , 2010/02/15	OMAK 1.75	700	7	S
3	ROBERTS, DANIEL, , / /	NED 1.75	700	6	B
4	QAYIYA, NANDI, , 2009/05/18	CURRO 1.70	650	5	
5	GROENEWALD, STEFAN, , 2010/01/03	GRF 1.55	480	4	

Item 58 10:00: Final Women U18 HighJump

1	VAN DER WESTHUIZEN, LEANDRI, , 2007/06/26	ZWK 1.60	730	8	G
2	MALHERBE, GENEVIEVE, , 2007/02/24	WTK 1.55	670	7	S
3	VAN DEN BERG, ZIANÉ, , / /	MPK 1.55	670	6	B
4	STRYDOM, EMMA, , 2007/04/02	AHM 1.50	610	5	
5	VAHRMEIJER, KLARA, , 2008/01/06	AHM 1.45	550	4	
6	BUTLER, LARA, , 2008/04/21	AHM 1.40	480	3	

Item 38 09:00: Final Men U18 HighJump

1	VAN WYK, WILLIE, , 2008/03/20	GRF 1.90	780	8	G
2	BOTES, JAYDEN, , 2008/03/27	WTK 1.80	670	7	S
3	MONYEKI, KEAMOGETSWE, , 2007/12/02	CURRO 1.75	620	6	B
4	LAMOLA, LESEGO, , 2007/06/30	TUKS 1.75	620	5	
5	MARAIS, MATTHEW, , 2008/02/12	PBHS 1.70	570	4	
6	RHIND, DANIE, , 2008/02/12	WTK 1.65	510	3	
7	COETZEE, DIRK, , 2007/02/01	MON 1.60	460	2	

Item 77 11:10: Final Women U20 HighJump

1	JANSE VAN RENSBURG, MIA, , 2006/12/17	GRF 1.70	800	8	G
2	HAMILTON-ATTWELL, JONELLE, , 2006/01/24	HTWIT 1.55	630	7	S
3	BOTHA, MICYLA, , / /	TUKS 1.50	570	6	B

Item 107 12:10: Final Men U20 HighJump

1	BERNING, TYRONE, , 2006/01/17	ERM 1.95	760	8	G
2	MOLAOA, OMPHEMETSE, , 2006/01/25	CURRO 1.90	710	7	S
3	COETZEE, LUAN, , 2005/04/28	WILL 1.90	710	6	B
4	VENTER, JADEN, , 2006/10/12	GRF 1.90	710	5	
5	MORERIENE, KATLEGO, , / /	SUTH 1.70	510	4	
6	TEU, NYAKALLO, , 2006/07/17	SUTH 1.70	510	3	
7	MASHIDI, BOIPELO, , 2005/01/22	CURRO 1.60	400	2	

Item 78 11:10: Final Women Senior HighJump

1	NGOZO, MICHELLE, , 2000/05/15	VARS 1.75	0	8	G
2	SEYAMA, ERIKAH, , 1994/01/19	TUT 1.65	0	7	S
3	BISSCHOFF (23), RITA, , 2003/02/03	TUKS 1.60	0	6	B
4	LESSING (23), SWAYDE, , 2003/03/03	TUKS 1.45	0	5	
5	HEYMANS, DINAH, , / /	PMWC 1.45	0	4	

Item 108 12:10: Final Men Senior HighJump

1	STOCKIL (23), RYAN, , 2004/11/13	TUKS 2.00	0	8	G
2	LAMPRECHT (M), MICHEL, , 1981/03/08	GNM 1.85	0	7	S
3	BRONKHORST, RUAN, , 2003/10/30	TUKS 1.80	0	6	B
4	GARRINE (23), YADAH, , 2004/10/08	CURRO 1.73	0	5	

Item 81 11:10: Final Girls U16 Polevault

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1	CRAVEN, TENEAL, , 2009/07/17	MPK 2.40	200	8	G	
Item 85 11:10:00 Final Boys U16 Polevault						
Item 82 11:10:00 Final Women U18 Polevault						
Item 86 11:10:00 Final Men U18 Polevault						
1	PAUL , RUAN, , / /	MON 3.70	440	8	G	
2	VAN DEN BERG, JEAN, , 2008/11/24	WTK 3.30	250	7	S	
Item 83 11:10:00 Final Women U20 Polevault						
1	MASILO, PHELETSO, , 2005/02/21	AGNIND 2.20	0	8	G	
Item 87 11:10:00 Final Men U20 Polevault						
1	ROODE, SG, , 2005/11/03	TUKS 3.60	335	8	G	
Item 84 11:10:00 Final Women Senior Polevault						
1	MEYER (M), SOANDRI, , 1988/07/28	TUKS 2.70	0	8	G	
Item 88 11:10:00 Final Men Senior Polevault						
1	PRETORIUS, FREDRIECH, , 1995/08/04	TUKS 4.50	0	8	G	
2	VAN DER LINDE (23), DIMAR, , 2004/05/05	TUKS 4.00	0	7	S	
3	KUMM (23), JASON, , 2002/11/01	TUKS 3.80	0	6	B	
Item 39 09:00:00 Final Girls U16 LongJump						
1	VAN ECK, ARUSTHA, , 2009/01/05	MON 5.13	712	8	G	+0.0
2	PRETORIUS, ANRI, , 2009/04/21	MSC 4.88	620	7	S	-1.1
3	BARNES, ZOë LAYLA, , 2009/07/20	WTK 4.84	604	6	B	-1.2
4	SWARTZ, TYLER, , 2009/08/25	MSC 4.73	560	5		-1.1
5	VAN WYK, VERONIQUE, , 2010/01/12	OMAK 4.67	540	4		-1.1
6	SWART, QUINET, , 2009/06/01	ERM 4.56	496	3		+0.3
7	MUKADI, NELISSA, , / /	CURRO 4.26	380	2		-0.4
8	NEDZINGANE, UTENDA, , 2016/05/05	CURRO 4.13	328	1		-0.5
Item 79 11:10:00 Final Boys U16 LongJump						
1	SEKHWELA, JUNIOR, , 2009/01/17	CURRO 6.10	750	8	G	+1.2
2	QAYIYA, NANDI, , 2009/05/18	CURRO 6.03	730	7	S	+1.1
3	LOUWRENS, RUBEN, , 2009/01/17	WTK 5.99	716	6	B	+0.0
4	VAN LOGGERENBERG, DARIUS, , 2008/04/29	JS 5.95	703	5		+1.3
5	ELLIS, JEAN-JACQUES, , 2010/03/13	MEY 5.90	686	4		-0.2
Item 40 09:00:00 Final Women U18 LongJump						
1	REDELINGHUYS, NITA, , / /	AGNIND 5.36	700	8	G	+0.0
2	VISSER, ALETHEA, , 2007/07/05	NED 5.24	656	7	S	-2.7
3	DE KLERK, HEIKE, , 2007/02/16	WTK 5.08	600	6	B	+0.1
4	MARITZ, JESSICA, , 2008/12/06	ZWK 4.88	526	5		-0.6
5	VAN WYK, NINA, , 2008/06/29	WTK 4.77	488	3.5		-0.1
5	KNOWLES, MEGAN, , 2008/04/18	MSC 4.77	488	3.5		+1.4
7	NSOVO, NTLEMA, , / /	CURRO 4.75	480	2		+0.0
8	BADENHORST, AMORé, , 2007/05/07	WTK 4.72	470	1		-1.1
9	LOOTS, ZANE, , / /	MPK 4.68	456	0		+0.4
10	BUTLER, LARA, , 2008/04/21	AHM 4.01	200	0		-0.7
Item 80 11:10:00 Final Men U18 LongJump						
1	MOSIME, TISETSO, , 2007/10/05	CURRO 7.14	942	8	G	-0.1
2	TUKUTA, JUNIOR, , 2007/11/26	CURRO 7.09	928	7	S	+0.0
3	NIEMAN, NICOLAS, , 2007/03/06	MPK 6.96	891	6	B	-2.2
4	MONYEKI, KEAMOGETSWE, , 2007/12/02	CURRO 6.89	871	5		-2.6



5	LEHUMO, LESO, , 2007/08/28	PBHS 6.44	737	4		+2.0
6	TRUTER, HENRÉ, , 2007/10/31	WTK 6.41	728	3		+0.4
7	FAURE, JACQUES, , 2007/08/14	ZWK 5.88	566	2		+1.0
8	MAKWELA, TSWELOPELE, , 2007/04/21	STA 5.88	566	1		-0.2
9	STANDER, HANNES, , 2008/03/05	WTK 5.87	563	0		-0.4
10	DE KLERK, HANNO, , 2008/04/11	WTK 5.75	526	0		-1.0
11	MATLEBJANE, OFENTSE, , 2008/02/04	PBHS 5.40	417	0		+0.0
12	MULLER, ARMANTUS, , 2007/04/24	MPK 4.53	133	0		-1.6

Item 21 08:00: Final Women U20 LongJump

1	LOUW, ROLINE, , 2005/04/14	TUKS 5.52	683	8	G	+1.0
2	MASILO, PHELETSO, , 2005/02/21	AGNIND 5.29	604	7	S	-0.1
3	PRINSLOO, ESTER, , / /	WTK 5.25	590	6	B	-0.2
4	KEMPEN, NASTASHA, , 2006/06/19	WTK 4.18	204	5		+0.1

Item 59 10:00: Final Men U20 LongJump

1	JEKEM, SANDISO, , 2006/04/10	CURRO 7.08	834	8	G	-0.3
2	SMIT, ZUAN, , 2006/03/23	WTK 6.20	582	7	S	-0.1
3	MORERIANE, KATLEGO, , / /	AGNIND 5.89	491	6	B	-0.5
4	YADAH, JARRIE, , / /	AGNIND 5.64	416	5		+0.2
5	SCHOEMAN, BENNO, , 2006/09/03	TUKS 5.08	243	4		-0.1

Item 22 08:00: Final Women Senior LongJump

1	BOTHA (23), MIKA, , 2004/04/20	TUKS 5.48	0	8	G	-0.7
2	ROBSON, YVONNE, , 1999/09/12	TUKS 5.40	0	7	S	-0.5
3	BRONKHORST (23), CARA, , 2004/12/26	TUKS 5.36	0	6	B	-0.1
4	KITSHOFF, NADIA, , 1996/03/11	TUKS 5.21	0	5		-1.2
5	Rê, BIANCÁ, , 1987/03/13	GNM 4.69	0	4		+0.0
6	MUNYADZWE, TSHEPISO, , 1994/07/06	BOTSW 4.68	0	3		+0.5
7	LESSING (23), SWAYDE, , 2003/03/03	TUKS 4.45	0	2		-0.3

Item 60 10:00: Final Men Senior LongJump

1	MTHEMBU (23), ASANDE, , 2004/06/04	TUT 7.73	0	8	G	-1.2
2	RAMOKGOPA (23), LEHLOGONOLO, , 2002/06/01	AGNIND 7.31	0	7	S	-0.5
3	CAIRO, DAVID, , 2001/06/26	NETH 7.29	0	6	B	+0.0
4	NEMARUDE, FULUFHELO, , 2002/11/08	TUKS 7.26	0	5		-1.1
5	KANDORO (23), ELSHAMMAH, , 2002/06/07	TUKS 6.78	0	4		+0.1
6	MCCLINTOCK (M), MARTIN, , 1975/06/30	GNM 6.10	0	3		-1.3
7	THOBEJANE (23), MAPATENE, , 2003/10/25	TUKS 5.85	0	2		+0.7
8	LAMPRECHT (M), MICHEL, , 1981/03/08	GNM 5.43	0	1		-1.3
9	MOKOTEDI, MALOPE, , 1998/03/25	CPUT 5.41	0	0		+0.7
10	MABENA, JOHNNY, , 1981/06/25	MASAI 3.73	0	0		-1.3

Item 109 12:10: Final Girls U16 TripleJump

7m

1	IVANOV, OLGA, , 2009/09/07	WTK 10.03	650	8	G	
2	BREWIS, BIANCA, , 2009/01/26	WTK 09.90	625	7	S	
3	KLEU, LISA, , 2009/03/25	AHM 09.37	526	6	B	

Item 122 13:10: Final Boys U16 TripleJump

9m

Item 110 12:10: Final Women U18 TripleJump

9m

Item 123 13:10: Final Men U18 TripleJump

11m

1	DE KLERK, HANNO, , 2008/04/11	WTK 13.50	725	8	G	+2.1
2	MOSIME, TISETSO, , 2007/10/05	CURRO 13.21	684	7	S	-1.4
3	LEHUMO, LESO, , 2007/08/28	PBHS 12.55	588	6	B	+3.7
4	STANDER, HANNES, , 2008/03/05	WTK 12.48	578	5		-0.2



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5	FAURE, JACQUES, , 2007/08/14	ZWK 11.77	475	4		+1.3
6	PRETORIUS, JASON, , 2006/01/19	ORYX 11.45	427	3		-1.7

Item 111 12:10:00 Final Women U20 TripleJump

11m

1	MASILO, PHELETSO, , 2005/02/21	AGNIND 11.03	655	8	G	-2.9
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Item 124 13:10:00 Final Men U20 TripleJump

13m

1	MUSARURWA, DYLAN, , 2005/02/15	ESKOM 15.28	910	8	G	-0.4
2	JEKEM, SANDISO, , 2006/04/10	CURRO 14.01	736	7	S	-0.4

Item 112 12:10:00 Final Women Senior TripleJump

11m

1	XULU, ZINZI, , 1996/09/28	MASAI 13.70	0	8	G	-0.9
2	DIKIO (23), GRACE, , 2002/03/25	TUKS 11.28	0	7	S	-1.7

Item 125 13:10:00 Final Men Senior TripleJump

13m

1	ADEDOKUN, PEACE, , 2003/11/18	TUKS 14.94	0	8	G	-0.3
2	MKHABELA, KOPANTSO, , 2000/11/14	TUKS 13.55	0	7	S	-0.4

Item 65 10:00:00 Final Girls U16 Shotput

3kg

1	LAMPRECHT, JOHANNE, , 2009/03/05	MON 15.02	960	8	G	
2	SMITH, GIZELLE, , 2009/02/27	MPK 12.14	849	7	S	
3	SNIJDERS, SHILOH, , 2010/03/11	MPK 10.89	797	6	B	
4	NEL, AMY-ISABELLA, , 2009/06/11	MSC 10.65	786	5		
5	VAN DEVENTER, ANDRIA, , 2009/06/23	BLUE 10.38	775	4		
6	KUIPERS, WILMARIE, , 2010/05/06	CVO 09.26	722	3		
7	FOURIE, DANIELLA, , / /	MPK 09.08	713	2		
8	THEOLOGO, SHELBEY, , 2009/01/28	OMAK 08.96	707	1		

Item 94 11:10:00 Final Boys U16 Shotput

4kg

1	BEZUIDENHOUT, DEWALD, , 2009/06/03	AHS 17.09	930	8	G	
2	VAN DYK, JACO, , / /	MPK 16.30	896	7	S	
3	GERBER, JOSHUA, , 2009/09/08	MPK 15.26	850	6	B	
4	POTGIETER, S.W., , 2009/07/21	MPK 13.83	784	5		
5	DE KLERK, ANTON, , 2010/01/01	MPK 12.29	709	4		
6	FIELD, DEAN, , 2009/06/02	MPK 10.20	597	3		
7	POTGIETER, EDUAN, , 2009/02/18	OMAK 09.01	525	2		
8	STANDER, ANDREW, , / /	CURRO 08.50	492	1		

Item 66 10:00:00 Final Women U18 Shotput

3kg

1	JACOBS, JEANDRÈ, , 2007/08/27	ELD 14.11	898	8	G	
2	NEL, ASHLYNN, , 2007/01/19	MPK 13.41	872	7	S	
3	CLEUTES, FORTUNE, , / /	WTK 13.29	868	6	B	
4	LOEDOLFF, CHIRSTE, , 2007/08/24	MPK 12.08	821	5		
5	JANSE VAN RENSBURG, MERLÉ, , 2008/05/11	MKP1 11.96	817	4		
6	VILJOEN, JANIKE, , 2008/03/17	MKP1 10.05	735	3		
7	TLADI, LETHABO, , / /	SUTH 09.04	688	2		
8	SITHOLE, ANELE, , / /	AGNIND 08.63	668	1		
9	PULE, MPHÓ, , 2007/04/15	CURRO 08.47	660	0		

Item 95 11:10:00 Final Men U18 Shotput

5kg

1	MEYER, JORDAN, , 2007/01/25	AHS 17.20	909	8	G	
2	STEVENS, TIAAN, , 2007/03/08	MON 16.61	884	7	S	
3	MATHEWS, BRANDON, , 2008/04/02	TRV 16.35	873	6	B	
4	ERASMUS, AIDAN, , 2007/03/08	MKP1 15.71	846	5		
5	SMIT, ALBERT, , 2007/02/05	AHS 14.98	814	4		
6	SENEKAL, FREDERICK, , 2008/08/19	MPK 13.22	733	3		
7	STANDER, WILLIAM, , / /	CURRO 13.07	725	2		



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8	SWANEPOEL, CHRIS, , 2008/02/19	TUKS 12.71	708	1	
9	NKOMO, STANFORD, , 2007/08/14	STA 09.32	524	0	
10	DAVID, KUNENE, , / /	AGNIND 08.97	503	0	
11	ARCHER, NATHAN JAMES, , 2008/09/15	WTK 08.84	495	0	
12	KEKANA, ONALENNA, , 2008/09/10	STA 07.60	413	0	

Item 45 09:00: Final Women U20 Shotput 4kg

1	VAN DEN BERG, MIA, , 2006/03/13	WTK 10.59	803	8	G
2	HARVEY, ASHLEIGH, , / /	ELD 09.64	759	7	S
3	LOUW, ROLINE, , 2005/04/14	TUKS 09.28	741	6	B
4	BOTHA, MICYLA, , / /	TUKS 07.82	665	5	

Item 27 08:00: Final Men U20 Shotput 6kg

1	LAMBERTS, HENCU, , 2006/09/19	AHS 18.98	984	8	G
2	NEL, KEEGAN, , 2005/08/02	TUKS 15.87	851	7	S
3	BADENHORST, WESLEY, , 2006/05/05	WTK 14.76	802	6	B
4	BRITZ, RYAN, , 2006/11/24	OMAK 13.25	733	5	

Item 46 09:00: Final Women Senior Shotput

1	GELDENHUYS (23), RUZEL, , 2003/11/24	VARS 11.00	0	8	G
2	Rê, BIANCÁ, , 1987/03/13	GNM 10.46	0	7	S
3	BISSCHOFF (23), RITA, , 2003/02/03	TUKS 07.66	0	6	B
4	GURTSIEVA (M), OLGA, , 1958/04/08	HAK 07.35	0	5	
5	DE BRUYN (M), LINDA, , 1965/10/02	LOW 06.13	0	4	

Item 28 08:00: Final Men Senior Shotput

1	JOUBERT (23), NANTUS, , 2004/02/06	TUKS 14.22	0	8	G
2	VAN ZYL (23), ANROUX, , 2004/11/29	NWU 13.61	0	7	S
3	VAN ZYL (M), AWIE, , 1973/06/17	GNM 12.73	0	6	B
4	BLOM, HERMANUS, , / /	AGNIND 11.42	0	5	
5	JACOBS (23), JOHAN, , 2002/07/13	TUKS 10.47	0	4	
6	SHAW, DAMIAN, , 2001/06/02	TUKS 10.14	0	3	
7	BRONKHORST, RUAN, , 2003/10/30	TUKS 09.42	0	2	

Item 23 08:00: Final Girls U16 Discus 1kg

1	LAMPRECHT, JOHANNE, , 2009/03/05	MON 37.31	887	8	G
2	NEL, AMY-ISABELLA, , 2009/06/11	MSC 34.84	849	7	S
3	FOURIE, DANIELLA, , / /	MPK 32.90	817	6	B
4	SMITH, GIZELLE, , 2009/02/27	MPK 31.10	787	5	
5	SNIJDERS, SHILOH, , 2010/03/11	MPK 30.11	770	4	
6	THEOLOGO, SHELBEY, , 2009/01/28	OMAK 28.52	741	3	
7	KUIPERS, WILMARIE, , 2010/05/06	CVO 20.42	576	2	
8	LEMMER, TATUM, , 2010/02/23	ZWK 18.20	522	1	

Item 61 10:00: Final Boys U16 Discus 1kg

1	GERBER, JOSHUA, , 2009/09/08	MPK 57.33	926	8	G
2	BEZUIDENHOUT, DEWALD, , 2009/06/03	AHS 55.24	902	7	S
3	POTGIETER, S.W., , 2009/07/21	MPK 47.00	803	6	B
4	VAN DYK, JACO, , / /	MPK 46.29	794	5	
5	FIELD, DEAN, , 2009/06/02	MPK 44.63	772	4	
6	VAN TONDER, HENDRIK PETRUS, , 2009/04/06	AHS 44.34	768	3	
7	PITZER, EGHARDT, , 2009/08/12	WTK 42.85	749	2	
8	CALITZ, EMILE, , 2009/01/26	MPK 38.71	691	1	
9	DE KLERK, ANTON, , 2010/01/01	MPK 35.00	636	0	
10	STANDER, ANDREW, , / /	CURRO 28.62	531	0	
11	POTGIETER, EDUAN, , 2009/02/18	OMAK 27.87	517	0	
12	VENTER, JACO, , 2009/02/25	KPK 26.93	500	0	

Item 24 08:00: Final Women U18 Discus 1kg



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1	LOEDOLFF, CHIRSTE, , 2007/08/24	MPK 45.32	973	8	G
2	JANSE VAN RENSBURG, MERLÉ, , 2008/05/11	MKP1 38.20	869	7	S
3	NEL, ASHLYNN, , 2007/01/19	MPK 37.04	851	6	B
4	VILJOEN, JANIKE, , 2008/03/17	MKP1 29.92	737	5	
5	SITHOLE, ANELE, , / /	SUTH 26.50	675	4	
6	TLADI, LETHABO, , / /	SUTH 17.22	472	3	
7	PULE, MPHÓ, , 2007/04/15	CURRO 15.58	427	2	

Item 62 10:00:00 Final Men U18 Discus

1.5kg

1	ERASMUS, AIDAN, , 2007/03/08	MKP1 55.87	928	8	G
2	STEVENS, TIAAN, , 2007/03/08	MON 54.59	912	7	S
3	SMIT, ALBERT, , 2007/02/05	AHS 48.70	841	6	B
4	SWANEPOEL, CHRIS, , 2008/02/19	TUKS 47.93	831	5	
5	SENEKAL, FREDERICK, , 2008/08/19	MPK 45.28	797	4	
6	MATHEWS, BRANDON, , 2008/04/02	TRV 44.47	786	3	
7	MEYER, JORDAN, , 2007/01/25	AHS 44.21	783	2	
8	STANDER, WILLIAM, , / /	CURRO 34.70	646	1	
9	SINGO, JEFFREY, , 2007/02/27	PBHS 33.90	634	0	
10	HATTINGH, LINCOLN, , 2008/01/22	CEN 33.40	626	0	
11	ARCHER, NATHAN JAMES, , 2008/09/15	WTK 24.56	468	0	

Item 90 11:10:00 Final Women U20 Discus

1kg

1	KRUGER, SIMONÉ, , 2005/01/14	ISA 36.50	815	8	G
2	VILJOEN, TAHILA, , 2005/02/02	MKP1 36.09	809	7	S
3	VAN DEN BERG, MIA, , 2006/03/13	WTK 35.90	806	6	B
4	VAN ZYL, EDIE, , 2006/07/03	JS 22.27	566	5	

Item 41 09:00:00 Final Men U20 Discus

1.75kg

1	BADENHORST, WESLEY, , 2006/05/05	WTK 53.57	955	8	G
2	NAUDE, ZAK, , 2006/05/29	PARYS 50.15	910	7	S
3	LAMBERTS, HENCU, , 2006/09/19	AHS 48.57	890	6	B
4	NEL, KEEGAN, , 2005/08/02	TUKS 43.63	823	5	
5	BRITZ, RYAN, , 2006/11/24	OMAK 40.07	773	4	

Item 91 11:10:00 Final Women Senior Discus

1	BOTHA (23), RIANDRÉ, , 2004/05/07	RUNW 37.79	0	8	G
2	GURTSIEVA (M), OLGA, , 1958/04/08	HAK 25.90	0	7	S

Item 42 09:00:00 Final Men Senior Discus

1	DE VILLIERS, PIETER, , / /	MPK 44.55	0	8	G
2	SWANEPOEL, JAN, , / /	GNM 44.02	0	7	S
3	JOUBERT (23), NANTUS, , 2004/02/06	TUKS 42.30	0	6	B
4	VAN ZYL (23), ANROUX, , 2004/11/29	NWU 41.72	0	5	
5	VAN ZYL (M), AWIE, , 1973/06/17	GNM 40.78	0	4	
6	BLOM, HERMANUS, , / /	AGNIND 38.32	0	3	
7	VAN AS, MORNÉ, , 1998/01/02	TUKS 34.36	0	2	
8	BESTER (23), TIAAN, , 2004/12/15	MEGA 33.78	0	1	
9	KUMM (23), JASON, , 2002/11/01	TUKS 27.50	0	0	

Item 127 13:10:00 Final Girls U16 Hammer

3kg

1	JANSE VAN RENSBURG, LIJANE, , / /	TRV 50.66	924	8	G
2	COETZEE, JUANÉ, , 2010/07/28	ZWK 28.07	683	7	S

Item 131 13:10:00 Final Boys U16 Hammer

4kg

1	VENTER, JACO, , 2009/02/25	KPK 37.35	794	8	G
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Item 128 13:10:00 Final Women U18 Hammer

3kg



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1	VAN DYK, JAYLIN, , 2007/06/01	TRV 56.42	967	8	G
2	ELS, TERRA-LEE, , 2008/08/11	BLUE 37.71	791	7	S
3	JACOBS, JEANDRè, , 2007/08/27	ELD 34.66	757	6	B

Item 132 13:10:00 Final Men U18 Hammer 5kg

1	COETZEE, HANDRE, , 2007/07/21	ZWK 50.43	847	8	G
2	OLIVIER, REUBEN, , 2008/01/21	ZWK 28.26	626	7	S

Item 129 13:10:00 Final Women U20 Hammer 4kg

1	VAN ZYL, EDIE, , 2006/07/03	JS 31.37	760	8	G
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Item 133 13:10:00 Final Men U20 Hammer 6kg

1	GREYLING, CHARL, , 2005/04/21	G4GA 68.80	1000	8	G
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Item 130 13:10:00 Final Women Senior Hammer

1	HOLTZHAUSEN, LEANDRI, , 1997/07/14	UJ 63.07	0	8	G
2	PRETORIUS, MARGO CHENE, , / /	TUKS 54.88	0	7	S
3	LEONARD, TAMLYNN, , 1999/06/21	SASOL 53.79	0	6	B
4	HOLTZHAUSEN, ANJE, , 2006/04/26	NED 49.74	0	5	
5	GREYLING, CHANèLLE, , 2002/01/15	G4GA 40.25	0	4	
6	GURTSIEVA (M), OLGA, , 1958/04/08	HAK 30.35	0	3	
7	Rè, BIANCÁ, , 1987/03/13	GNM 22.69	0	2	

Item 134 13:10:00 Final Men Senior Hammer

1	CUMMING, ALAN, , 1996/03/21	NWU 68.50	0	8	G
2	MAKHETHE, TSHEPANG, , 1996/02/19	SASOL 64.68	0	7	S
3	MAHMOUD (M), YAMEN, , 1978/06/19	MKP1 52.08	0	6	B
4	JACOBS (23), JOHAN, , 2002/07/13	TUKS 45.17	0	5	
5	RAS (M), PETER, , 1962/08/03	GNM 40.33	0	4	
6	AGGOURAS (M), NICK, , 1957/06/29	GNM 38.32	0	3	
7	BOSWEL (M), WILLIAM, , 1966/03/15	AGNIND 29.46	0	2	

Item 92 11:10:00 Final Girls U16 Javelin 500g

1	PLEWS, HSNNAH, , 2009/12/14	AHM 37.63	790	8	G
2	OOSTHUYSEN, JENEVIEVE, , 2010/01/23	OMAK 35.17	748	7	S
3	LEMMER, JADE, , 2009/01/18	ZWK 31.32	679	6	B
4	THEUNISSEN, ALLENE THEUNISSEN, , 2010/11/12	GRF 30.61	665	5	
5	LOURENS, ZANTA, , 2010/05/02	MKP1 29.14	637	4	
6	MARSHALL, JAIME, , 2009/11/15	OMAK 27.12	596	3	

Item 43 09:00:00 Final Boys U16 Javelin 600g

1	LUBBE, DILLAN, , 2010/05/21	OMAK 49.01	616	8	G
2	FOURIE, KEEGAN MARCELL, , 2009/11/02	AHS 46.59	575	7	S
3	MORS, ANRICH, , 2009/02/18	AHS 39.77	453	6	B
4	HAVENGA, REINHART, , 2009/05/16	PBHS 25.04	133	5	

Item 93 11:10:00 Final Women U18 Javelin 500g

1	BARNARD, MARTELIZE, , 2007/09/26	AHM 46.58	907	8	G
2	GELDENHUYS, MONIQUE, , 2007/04/16	OMAK 38.27	779	7	S
3	WETHMAR, SUMARI, , / /	GRF 34.22	711	6	B
4	BUTLER, LIENKE, , 2007/05/16	AHM 33.17	692	5	
5	VENTER, CHANEL, , 2008/07/31	ZWK 30.83	649	4	
6	VAN DER MERWE, HELENè, , 2008/06/12	ZWK 29.14	617	3	
7	BUTLER, LARA, , 2008/04/21	AHM 22.61	478	2	
8	BARRY, KIRSTEN, , 2008/01/25	CURRO 16.70	324	1	

Item 44 09:00:00 Final Men U18 Javelin 700g

1	DURIE, DARIUS, , 2008/02/01	CEN 46.11	577	8	G
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2	DE WIT, MARC, , 2007/01/23	PBHS 45.78	571	7	S
3	VAN DEN BERG, JEAN, , 2008/11/24	WTK 44.82	554	6	B
4	MKHWANAZI, TSHIDISO, , 2007/02/24	CURRO 29.89	258	5	
5	DIKGALE, LESIBE, , 2007/04/03	CURRO 26.48	178	4	
6	NDOU, MATODZ, , 2007/03/19	CURRO 23.95	113	3	
7	HLONGWANE, ZATTU, , 2007/01/28	CURRO 19.80	0	2	

Item 25 08:00:00 Final Women U20 Javelin 600g

1	CONRADIE, MICHAELA, , 2006/12/01	ZWK 37.65	768	8	G
2	WETHMAR, ANEL, , / /	GRF 30.89	650	7	S

Item 63 10:00:00 Final Men U20 Javelin 800g

1	DE KLERK, FABIO, , 2005/07/19	BOKS 55.50	731	8	G
2	FOURIE, FRANCIOS, , 2007/09/21	AHS 44.15	542	7	S
3	BESSINGER, SCHALK, , 2006/08/16	WTK 42.46	512	6	B

Item 26 08:00:00 Final Women Senior Javelin

Item 64 10:00:00 Final Men Senior Javelin

1	ROBERTSON (23), DUNCAN, , 2003/06/06	TUKS 59.85	0	8	G
2	PRETORIUS, FRIKKIE, , / /	AGNIND 56.15	0	7	S
3	VAN DER LINDO, DIMER, , / /	AGNIND 39.72	0	6	B
4	BRONKHORST, RUAN, , / /	AGNIND 38.92	0	5	
5	KUNN, JASON, , / /	AGNIND 38.15	0	4	
6	THOBEJANE, MAPATENE, , / /	AGNIND 26.40	0	3	

Item 5 07:50:00 Final Girls U16 3km Walk

1	SHEZI, ELIHLE, , 2009/11/13	TUKS 16:38.05	0	8	G
2	MANAMELA, BOKANG, , 2009/11/14	TUKS 16:51.26	0	7	S
3	NDLOVU, SLIINDILE, , 2009/05/06	TUKS 18:42.29	0	6	B
4	MAKHANYA, MPUMELELO, , 2010/08/21	TUKS 19:05.28	0	5	
5	HLATSHWAYO, AZILE, , 2009/01/10	TUKS 25:01.93	0	4	
6	SITHOLE, NOSIPHO, , 2010/11/05	TUKS 25:19.61	0	3	
7	MOSITWANE, OSIAME, , 2009/03/08	TUKS 29:30.38	0	2	

Item 9 07:50:00 Final Boys U16 3km Walk

1	NKOSI, KGOTSO, , 2009/09/10	TUKS 15:31.94	0	8	G
2	RAPHASHA, SELLO, , / /	TUKS 16:27.94	0	7	S
3	LEGOTLO, KELEFILWE, , / /	TUKS 16:29.59	0	6	B
4	NXENJAMA, SINETHEMBA, , / /	TUKS 17:24.14	0	5	
5	MAGALEMELA, LEHLOGONOLO, , / /	TUKS 18:03.98	0	4	

Item 6 07:50:00 Final Women U18 3km Walk

1	JOOSTE, KEANDRA, , 2007/09/09	KHS 15:41.89	0	8	G
2	RAPHASHE, GOITSEMABA, , 2007/07/08	TUKS 17:50.57	0	7	S
3	KGOLE, MAMELLO, , 2008/12/17	TUKS 17:56.61	0	6	B
4	HLAKUDI, KARABO, , 2007/09/25	TUKS 18:13.56	0	5	
5	NKOSI, PABALLO, , 2007/07/07	TUKS 18:30.25	0	4	
6	NDLOVU, NOKWETHEMBA, , 2008/10/16	TUKS 18:30.91	0	3	

Item 10 07:50:00 Final Men U18 3km Walk

Item 7 07:50:00 Final Women U20 3km Walk

1	NGWATLO, KGAOGELO, , 2009/09/02	TUKS 16:40.51	0	8	G
2	KHUMALO, ANDISWA, , / /	TUKS 18:14.59	0	7	S
3	NGOBESE, THANDEKA, , 2006/02/03	TUKS 19:37.18	0	6	B

Item 11 07:50:00 Final Men U20 3km Walk

1	MNCIBI, OLWETHU, , 2006/07/14	TUKS 15:10.32	0	8	G
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2	GAMEDE, NHLAKANIPHO, , 2006/05/10	TUKS	15:10.43	0	7	S
3	MACHABELA, ORATILE, , 2006/04/12	TUKS	16:05.63	0	6	B

Item 8 07:50:00 Final Women Senior 3km Walk

1	RADEL (M), JANINE, , 1980/11/13	IRENE	17:59.86	0	8	G
2	KNOETZE (M), MAGARETHA, , 1955/04/27	IRENE	27:35.83	0	7	S

Item 12 07:50:00 Final Men Senior 3km Walk

1	MAKGANE (23), GABRIEL, , 2004/02/26	TUKS	14:10.92	0	8	G
2	MNISI, MTHUNZI, , 1988/11/23	AGNIND	15:14.29	0	7	S
3	MABENA, JOHNNY, , 1981/06/25	MASAI	16:45.70	0	6	B
4	BRITZ (M), CHRIS, , 1963/12/01	TUKS	16:53.05	0	5	
5	SMUTS (M), ANDRÉ, , 1944/04/30	IRENE	18:09.54	0	4	

Item 15 07:50:00 Final Girls U16 5km Walk**Item 20 07:50:00 Final Boys U16 5km Walk****Item 14 07:50:00 Final Women U18 5km Walk****Item 19 07:50:00 Final Men U18 5km Walk****Item 13 07:50:00 Final Women U20 5km Walk****Item 18 07:50:00 Final Men U20 5km Walk****Item 16 07:50:00 Final Women Senior 5km Walk**

1	SWANEPOEL, MARISSA, , 2002/01/22	NWU	25:19.61	0	8	G
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Item 17 07:50:00 Final Men Senior 5km Walk

1	KOBUE (M), MZWAKHE, , 1981/05/11	PMWC	25:01.93	0	8	G
2	MNYAMANA (23), BHEKI, , 2002/01/05	TUT	27:35.83	0	7	S
3	LABUSCHAGNE (M), DANIE, , 1955/08/09	IRENE	32:52.74	0	6	B